





Slow Spokes Spokin' Times

February & March, 2005

<u>President:</u> Paul Wilhelm	<u>Membership Chair:</u> Lennie Raines
<u>Vice President:</u> Jim Walter	<u>POR Co-Chairs:</u> Concetta Pellerito Sharon Bellhorn
<u>Treasurer:</u> Carol Blanchard	<u>Ride Coordinator:</u> Jim Walter
<u>Secretary:</u> Kathy George	<u>Sunshine Liaison:</u> Aloys Turck
<u>Short Term Newsletter Editor:</u> Lennie Raines	
<u>Newsletter Distributor:</u> Rita Zupan	

Website: www.lmb.org/spokes

-  **Meetings** - Unless otherwise noted, meetings are held at 7:30 p.m. on the first Friday of every month at the Owen Jax Activity Center located on Nine Mile Road, east of Van Dyke. Refreshments are served.
-  **Ride Information** - Send information for rides and walks to Jim Walter at 6870 Emerald Shores, Troy, 48085, or email the information to him at jim.walter@comcast.net by the tenth (10th) of the month.

MISCELLANEOUS INFORMATION

BIKE FEAST - March 13, 2005

PEACH OF A RIDE UPDATE

The Peach of a Ride will be held on September 11, 2005 at the Memphis Middle School. This is a new location. There will be a meeting about the ride before the regular monthly meeting in February.

PALM XXIV

The 24th Annual Pedal Across Lower Michigan - June 18 through 24, 2005.

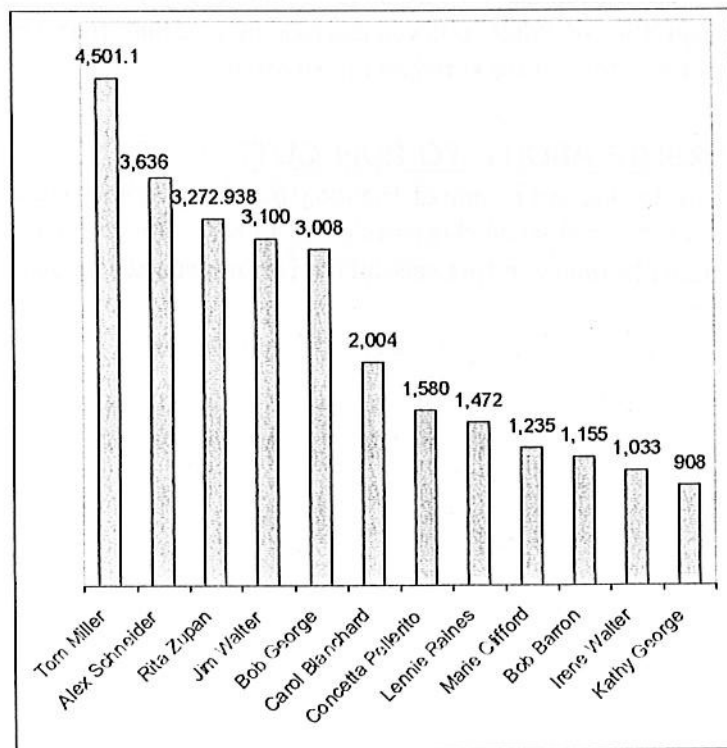
Note: Applications have not yet been printed nor have the fees been set.

FOR SALE

Hampton Cruiser - A comfort bike made for riding around town and leisure activity. Like new. A \$275 value for only \$125. For more information or to try it out, please call Sharon at 586/725-2965.

MILEAGE FOR 2004

Once again we are putting together a list of how many miles you rode in 2004. Since we missed getting it in the December newsletter, some of you may not have had a chance to turn in your miles. Therefore, we will publish the list again in the Aril newsletter so you still have time to turn in your name and get on the list. The following is the list of names that have been turned in so far.



THANKS TO ALL WHO LED RIDES IN 2004

The following is a list of ride leaders that was compiled by looking through the newsletters. Jim offers his most sincere apologies for any errors or omissions.

LEADER	#	LEADER	#	LEADER	#
Bob Bruce	24	Evelyn Bires	6	Carol Blanchard	2
Kathy George	22	Kevin Degen	5	Bob George	2
Jim Walter	11	Sharon Bellhorn	4	Mary Miller	2
Alex Schneider	9	Rose Marie Jacobs	4	Rita Zupan	2
Tom Miller	8	Concetta Pellerito	4	Leo & Ruth Ann Booms	1
Pat Mullin	8	Mary Stoolmiller	4	Sandy Drueger	1
Shirley Mullin	7	Aloys Turck	4	Judy Lindberg	1
Paul Wilhelm	7	Phil LaRonge	3		

A GREAT BIG WELCOME TO ALL OUR NEW MEMBERS

Barbara Bollin of Harrison Township
Joann Coleman of Washington Township
Judy Depoorter of Roseville
Jason Gray of Harrison Township
Hafeez Haroon of Troy
Sue Lyons of Rochester
Elaine Meloy of Waterford
Dennis and Linda Sutton of New Baltimore

DO YOU KNOW WHERE MIKE IS?

Does anyone have a current address for Mike Muchler? The last known address we have for him is in Coldwater, Michigan, but the newsletters we send to him keep getting returned to us. Mike has a paid membership through April of 2009 so if you can help us find him, that'd be great. Please contact Lennie Raines at 586/463-4916 with any information.

IS YOUR MEMBERSHIP ABOUT TO RUN OUT?

We wouldn't want anyone to miss out on any of the exciting rides we have planned so why not take a couple seconds to check out the label on this newsletter to see when your membership expires. Please see the application elsewhere in this newsletter for information on how to make sure you remain an active member.





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 **Newsletter Information** - Send articles you'd like published to Lennie Raines at lbrmcnest@yahoo.com or call her at 586/463-4916. Articles must be submitted by the 15th of the month for inclusion in the following month's newsletter.

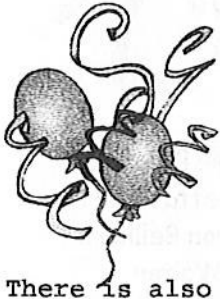
DO WE HAVE YOUR CORRECT EMAIL ADDRESS?

If you want to know of impromptu rides and other information of special interest not found on our website or in the newsletter, please make sure you forward your correct address to Paul Wilhelm at jpwilhelm@hotmail.com.

BIKE FEAST 2005

DATE: March 13, 2005 from 3:00 until ???
LOCATION: St. Germaine Church Activity Center
(the corner of Little Mack and Martin Road in St. Clair Shores)
INFORMATION: For any information, please call Rose Marie Jacobs at 586/779-4780.
TICKETS: Tickets are available at the monthly meeting or by calling Lester Ussted at 586/754-6334.

And now a word from R.M.J.



Dear Fellow Slow Spokes:

You are cordially invited to partake in some great fun, delicious food, beautiful table settings, a fashion show, lively games, great prizes and lots and lots of bike talk. The best part of all of the above, is that the price is still only \$5.00. You would be a fool to pass up a bargain like this. It really is a very good deal.

There is also an optional Bike Ride starting from the Activities center at 12:30 p.m., riding along beautiful Lake St. Clair. Your ride leader will be one of our very best, Bob George, world traveler and ride leader extraordinaire.

And by the way, your club is hosting this affair and we sure would love to have major attendance by the club members. We have to show all of those other clubs that the Slow Spokes know how to throw a great party.

Looking forward to seeing all of our members at St. Germaine's.

And another word from R.M.J.

BIKE FEAST MEETING

Wednesday, February 23rd
Time: 6:30 p.m.
Place: Evelyn Bires Home
28105 Rosebriar
S.C.S., Mi.
Phone: 586 778-8397



This will hopefully be the last meeting before the big day. We would love to have all of the people involved in the Bike Feast attend this very important get-together. We have many items to discuss, especially the entertainment. Meeting attendance has been very disappointing, to say the least. We cannot put on a first-class party, without everyone giving their all. Your ideas and suggestions are important to presenting a fun and fabulous time for all of our attendees.

May we see you there. DESSERT will be served.

MISCELLANEOUS INFORMATION

POST TAX SEASON BICYCLE TOUR

I am planning a self contained bicycle tour beginning on or about the 16th of April. The plan is to drive to Washington, NC. From there we will ride a circle route along the Outer Banks. Highlights will include the Wright Brothers National Memorial, the Cape Hatteras National Seashore, and 2 ferry boat rides.

Total mileage is a little more than 300 miles. I plan to ride 50-60 miles a day. Schedule will be loose allowing time for sightseeing (It may include a day off). Estimated duration of the trip including travel to and from North Carolina is 10 days.

We will travel self contained. This will be primarily a camping trip with a combination of cooking and restaurants.

Let me know if you are interested in joining me.

Bob George
(586) 463-6058

A Thought

The New Year lies before you, like a spotless tract of snow.
Be careful how you tread it, for every mark will show
Submitted by: R.M.J



SLOW SPOKES MEMBERSHIP APPLICATION

<u>Date</u>	<u>New Member</u>
<u>Renewal</u>	
<u>Name</u>	<u>Phone#</u>
<u>Address</u>	<u>Email</u>
<u>City/State</u>	<u>Zip</u>

Please make your \$10.00 check payable to Slow Spokes
Mail this application and your check to:
Slow Spokes, P. O. Box 792, Sterling Heights, Mi. 48311-0792