



# Slow Spokin' Times

September 2002

President: Tom Miller  
Vice President: Kay Hein  
Treasurer: Annette Smith  
Secretary: Mary Miller  
Newsletter Editor: Kay Sheere

Membership: Bill Smith  
POR Co-Chair: Marie Clifford  
POR Co-Chair: Mary Kaisborski  
Ride Coordinator: Kay Hein  
Sunshine Liaison: Aloys Turck

Check our website: [www.lmb.org/clubs/spokes.htm](http://www.lmb.org/clubs/spokes.htm) or Hotline: 586-819-0187

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## New Members

Marsha	Alfajara	304 West Third St	Rochester	MI	48307	248-656-3523
Jean	Ansen	27624 Palomino	Warren	MI	48093	586-755-9063
Brian	Gabe	31360 Edwood	Warren	MI	48088	586-294-4617
Matthew	Manor	31310 Shaw	Warren	MI	48093	586-268-8174
Ronald	Milner	1526 Centre St.	Detroit	MI	48226	313-962-5400

## Potpourri

- **Ride information:** Send information for rides/walks for the September Spokin' Times to Kay Hein, 382 Ottawa, Troy, Mi. 48098 by September 10, 2002. (248) 879-9165
- **Newsletter information:** Send any articles or information you would want published in the September Spokin' Times to Kay Sheere 11318 Jacqueline, Sterling Heights, 48313 by September 15, 2002 (586) 939-9817. Email address [ktmc1014@alabove.net](mailto:ktmc1014@alabove.net)
- **Arc Cycling Programs** will be hosting a ride for cyclists of all abilities in Dearborn Heights on September 21, 2002. If you are interested, flyers will be available at the September meeting. Proceeds benefit Arc Cycling Program.

## **NOTICE!!!!**

Elections will be held at the October meeting. We need people to run for offices! Positions that must be filled are: President; Vice President; Secretary; Treasurer and Ride Chair. If you are interested, please contact Tom Miller, at 586 573-4754 or e-mail [tomm@comcast.net](mailto:tomm@comcast.net) or Fred Meinberg at 248 651-6714 or e-mail at [fmeinberg@hotmail.com](mailto:fmeinberg@hotmail.com).

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## **A Thought .....**

By member Rose Marie Jacobs

*The dead, after all, never truly go away-----not so long as we remember their stories, preserve their portraits and let their words twirl and turn in our hearts.*

## September POR Update

It is countdown time until the big event! Members who are not working the ride but plan instead to ride get those applications in or sign up the day of the ride

If you are one of those selected to make "cookie calls" they should have been made by now. If not pick up that 'phone and start making those calls. Be sure to remind people where they are to drop off their cookies if they cannot make it to the September meeting. In order to facilitate separating cookies for the rest stops please ask people to indicate on the outside of the box the number of dozen they are sending.

Crew leaders be sure to let your workers know when to arrive the morning of September 8. Workers should park their cars in back of the school in order to clear space in the parking lots for the riders.

A post- POR meeting is scheduled for Thursday, September 26 at the home of Evelyn Bires (586) 778-8397. Meeting time is 7:30p.m.

### Used Bikes Needed

Do you have a serviceable used bicycle cluttering up your garage? **Oxford Addison Youth Assistance (OAYA)**, a division of the Oakland County Family Court has a need for bikes for several "at risk" children. If you have a used bike you would like to contribute, call Paul Wilhelm, at 586 247-6397. OAYA is a 501c tax-exempt organization.

### **Celebration of Cycling Ride**

**Saturday, Sept. 21** - Celebration of Cycling Ride put on by the Arc Cycling program which assists individuals with disabilities to become competent cyclists. Our club will be participating in this ride to further assist the Arc program in their great efforts of helping all individuals with disabilities to enjoy the same sport our club promotes. Distances will vary from 12 to 100 miles. Registration Fee is \$16.00 which includes a free T-Shirt. After 9/6/02 Fee is \$25.00 and no T-Shirt so register early. We will be meeting as a group at the registration area at 9:00 a.m. or you can participate at any time you would like, just let registration know you are a Slow Spoke, so that our club can get credit for members participating in their bike club challenge for clubs having the most members at the ride.

Directions: The Arc Ride is at Warrendale Park on Hines Drive in Dearborn Heights. Take I-96 to Telegraph South and turn East onto Warren Road. Then turn North on Hines Drive Service Rd., which is open to Warrendale. OR: Take I-94 to Telegraph North and turn East onto Warren Road. Then turn North on Hines Drive Service Road, which is open to Warrendale.

If you need an application, please contact Rose Marie Jacobs at (586) 779-4780 and I will be happy to send you one pronto. We hope to have a good showing of Slow Spokes attend this charity ride that promotes such an inspiring and special cause.

## September 2002 Scheduled Activities

**Monday, September 1, 2002 Peach of a Ride " Dirt Ride " in reverse 9:30a.m.**  
Leader: Alex Schneider. 810 329-7245 We will ride the POR dirt route starting in Memphis at the Municipal parking lot and will add approx. 4 miles to the route for a total of 35 miles of flat terrain. We will do the long leg of the ride first. Meet at Memphis Municipal parking lot. Take I-94 to M-19 through Richmond to Memphis. One block before the traffic light, turn right on Potter to the parking lot. There will be a comfort and snack stop in Armada before returning to Memphis.

**Wednesday, September 4, 2002 Wednesday Wramble 6:00 p.m.**  
Leader: Bob Bruce 248-641-5139 Distance: 18 – 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after the ride.

**Thursday, September 5, 2002 Rochester Hills Morning Ride 9:00 a.m.**  
Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. (North of M-59). Lunch nearby after the ride. Call if weather is questionable. Shirley & Pat Mullin @248-656-2187

**Friday September 6, 2002 Slow Spokes Monthly Meeting 7:30 p.m.**  
Meeting place: Owen-Jax Activities Center, 9 Mile Road east of Van Dyke.  
Refreshments will be served.

**Saturday, September 7, 2002 Fall Recumbent Rendezvous 10am-3pm**  
Western Michigan University, Kalamazoo. Recumbent bikes and trikes will gather for demos, short rides and swapping stories. Event is free. Held on the Western Michigan University main campus. For more information visit [www.LMB.org/wolbents](http://www.LMB.org/wolbents), contact Paul Pancella at [Paul.Pancella@Wmich.edu](mailto:Paul.Pancella@Wmich.edu) or call 616/353-0125. Post rally 4pm ride on the nearby Kal-Haven trail. Participants can stay over night and participate in the next day's Vineyard Classic Bike Tour in nearby Paw Paw, Michigan.

**Sunday, September 8, 2002 Peach of a Ride**

**Monday, September 9, 2002 Grosse Pointe Morning Ride 10:00 a.m.**  
Meet at the Grosse Pointe Municipal Building, 20025 Mack Avenue, between Moross & Vernier, on west side of Mack. Park at north side of parking lot. Lunch during ride. If weather questionable, we may not take long drive into G.P. Call before 8:30 a.m. Shirley & Pat Mullin @ 248-656-2187

**Wednesday September 11, 2002 Wednesday Wramble 6:00 p.m.**  
Leader: Bob Bruce 248-641-5139 Distance: 18 – 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after ride.

**Saturday, September 14, 2002**      **Canterbury Village Ride**      **9:30 a.m.**  
Leaders: Fred Meinberg 248 651-6714 and Jim Carson 248 651-2181. 30 miles. Meet at Rochester Municipal Park. One block west of Rochester Rd. (Main St.) North off University. We will ride out Paint Creek Trail to Lake Orion, then to Canterbury Village. The Restaurant ownership has changed there. They have a varied menu, so something for everyone. Return by a different route to Paint Creek Trail. Trail is crushed limestone so a hybrid or mountain bike is recommended. Please arrive early so we can leave promptly at 9:30a.m.

**Sunday, Sept.15, 2002**      **Harsen's Island Roast Beef Dinner Ride**      **10:00 a. m.**  
Leader: Mary Stoolmiller. 248 879-6004. Distance: 22-27 miles on flat terrain. Meet behind McDonalds on M-29 in Algonac. We'll ride to the ferry, out the Island to the point and back to St. Paul's Church for a roast beef dinner with all the trimmings. More island riding after dinner, if you're not too full.

**Monday, Sept.16, 2002**      **Shady Side Park**      **6:30 p. m.**  
Leaders: Mike and Pat Ennis. 586 792-7709. Distance 15 miles. 10-12 mph. Bike path. Meet at St. Thecla's Church. Meet at St. Thecla's Church parking lot. Off Groesbeck between 15 & 16 Mile, turn East at the light onto Carlier, go to Little Mack & turn left which dead ends at Nunnely entrance to the Church Parking lot.

**Wednesday, Sept.18, 2002**      **Wednesday Wramble**      **6:00 p.m.**  
Leader: Bob Bruce 248-641-5139 Distance: 18 – 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after ride.

**Thursday, September 19, 2002**      **Rochester Hills Morning Ride**      **9:30 a.m.**  
Join Shirley & Pat for a ride similar to their Sunday Rochester rides. Meet at the NW corner of Adams Rd. & Walton Blvd., across from Oakland University and Meadowbrook. Enter parking lot near Boston Market and park by the mailboxes in the center of the lot (facing NBD). Lunch at Boston Market after the ride. Pat & Shirley Mullin 248-656-2187

**Saturday, September 21, 2002**      **Fall Recumbent Rendezvous**      **9am-3pm**  
Stony Creek Metropark (northern Detroit area) Recumbent dealers, test-rides, displays. "Buying your first recumbent" talk at 11am and 1pm. Group ride at 12 noon. Held at the Stony Creek Metropark Eastwood Beach shelter area, on 26 Mile Road just west of M-53. Event is free although there is a \$3 park entrance fee. For more information visit [www.LMB.org/wolbents](http://www.LMB.org/wolbents) <<http://www.LMB.org/wolbents>>, e-mail [wolverbob@cs.com](mailto:wolverbob@cs.com) <<mailto:wolverbob@cs.com>>, send a stamped, self-addressed envelope to Bob Krzewinski, 706 Dwight Street, Ypsilanti, MI 48198 or call 734/487-9058

**Saturday, September 21, 2002**      **Arc Ride**      **9:00 a.m.**  
See article on page 2 for details.

**Sunday, September 22, 2002 Lower Huron Metro Park Ride 10:00a.m.**  
Leader: Kevin Degen 248 642-3796 Distance: 26-30 miles. Meet at Tulip Tree Parking Area – 2<sup>nd</sup> picnic area on right. Take I-275 S. to I-94. Exit on Haggerty, turn left, which leads into the park. \$3.00 parking fee without a park sticker. Bring lunch to eat in the park after the ride. Longer ride for those wishing to do so. Pace 10-12 Leader: Kevin Degen.

**Monday, September 23, 2002. Metro Beach Ride 6:30p.m.**  
Leaders: Mike and Pat Ennis. 586 792-7709. 18miles. 10-12mph. Bike path. Meeting place: St. Thecla's Church. Off Groesbeck between 15 & 16 Mile, turn East at the light onto Carlier, go to Little Mack & turn left which dead ends at Nunnely entrance to the Church Parking lot.

**Wednesday, September 25, 2002 Grosse Pointe Morning Ride 10:00 a.m.**  
Meet at the Grosse Pointe Municipal Building, 20025 Mack Avenue, between Moross & Vernier, on west side of Mack. Park at north side of parking lot. Lunch during ride. If weather questionable, we may not take long drive into G.P. Call before 8:30 a.m. Shirley & Pat Mullin @ 248-656-2187

**Wednesday, September 25, 2002 Wednesday Wramble 6:00 p.m.**  
Leader: Bob Bruce 248-641-5139 Distance: 18 – 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after ride.

**Saturday, September 28, 2002 Freedom Hill to Metro Beach 10:00 a.m.**  
Mike and Pat Ennis 586 792-7709. 28 miles. Meet at Freedom Hill on Metro Parkway. There will not be a lunch stop.

**Sunday September 29, 2002 Windsor Circle Ride 9:30am**  
Leaders: Jim Sieradzinski & Sue Yestrepky 586-443-5135 Meet in the parking lot at the riverfront park in Windsor just east of Ouelette St, near the railroad steam engine. Bring a "toonie" for parking fees (get change before entering the tunnel). Also bring your birth certificate or a passport for crossing the border. Ride will be approximately 38 miles and flat except for one hill. Restaurant stop for lunch during the ride. If you have an FRS radio, bring it along as it will be useful if we have a large group

**Monday, September 30, 2002 Rochester Hills Morning Ride 9:30a.m.**  
Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. (North of M-59). Lunch nearby after the ride. Call if weather is questionable. Shirley & Pat Mullin @248-656-2187

**Don't forget to check the Hotline for any impromptu rides! 586-819-0187  
Contact Tom Paonessa 586-293-8624 to have your Activity on the hotline.**