



Slow Spokin' Times

October 2002

President: Tom Miller
Vice President: Kay Hein
Treasurer: Annette Smith
Secretary: Mary Miller
Newsletter Editor: Kay Sheere

Membership: Bill Smith
POR Co-Chair: Marie Clifford
POR Co-Chair: Mary Kaisborski
Ride Coordinator: Kay Hein
Sunshine Liaison: Aloys Turck

Check our website: www.lmb.org/clubs/spokes.htm or Hotline: 586-819-0187

Potpourri

- **Ride information:** Send information for rides/walks for the November Spokin' Times to Kay Hein, 382 Ottawa, Troy, Mi. 48098 by October 10, 2002. (248) 879-9165
- **Newsletter information:** Send any articles or information you would want published in the November Spokin' Times to Kay Sheere 11318 Jacqueline, Sterling Heights, 48313 by October 15, 2002 (586) 939-9817. Email address ktmc1014@a1above.net
- **Congratulations to Pat Mullin** on achieving his fifteen minutes of fame with the great article about him in the Detroit Free Press regarding his healthy and active lifestyle. Way to go Pat!!!



Elections will be held at the October meeting. We need people to run for offices! Positions that must be filled are: President; Vice President; Secretary; Treasurer and Ride Chair. If you are interested, please contact Tom Miller, at 586 573-4754 or e-mail tomm@comcast.net or Fred Meinberg at 248 651-6714 or e-mail at fmeinberg@hotmail.com.

A Thought

By member Rose Marie Jacobs

The pleasure of a dog is that you may make a fool of yourself with him and not only will he not scold you, but he will make a fool of himself too.
Samuel Butler

Peach of a Ride

It is time to acknowledge and heartily thank all the Slow Spokes members who volunteered to work on the Peach of a Ride. A special thanks to those whose names are starred, as they took on chairmanships and/or special jobs. Thanks also to all the bakers out there. The cookies were delicious, as usual, and certainly appreciated by the 454 riders. Prestige Cycle again gave us its support and it appeared Patty was kept busy. This year, as in the past, a group of local radio club members were there to help us with their skill and donation of time.

Perhaps seeing this list of names will give you an idea of the amount of manpower needed to put on the Peach. Apologies to anyone who may have been left off the list. Let us know and we will send you on a cruise.

Marie Clifford and Mary Kasiborski

Dolores Baumgarten	Bob George*	Christine LaRonge	Tom Pauli	Betty Stencil
Audrey Beverlin	Kathy George*	Bob Latsko	Gary Pfund	Mary Stoolmiller
Rose Bianchini*	Sue Gill	Marcia Leaver	Ron Quinn	Terry Taylor
Evelyn Bires*	Carol Green	Agnes McGartland	Ed Rogers	Adolpho Torres*
Carol Blanchard	Fred Hamann*	Michael McGartland	Dave Rumohr	Aloys Turck*
Bob Bruce	Kay Hein	Carol Meerhaeghe*	Lee Rumohr	Lester Useted
Peggy Case	Rose Marie Jacobs*	Fred Meinberg	Alex Schneider*	Norma Useted
Kathy Cota*	Jim Kegler	Bonnie Michalak	Kay Sheere	Paul Wilhelm*
Joanne Di Nunzio	Richard Keller*	Mary Miller	Gretchen Siewert	Don Windhorst*
John Engelgau	Glen Kielbowicz*	Tom Miller*	Annette Smith	Liz Ziegenmeyer
Pat Ennis	Hilda LaMont	Diana Moore	Liz Stabler	Len Ziegenmeyer
Mike Ennis	Phil LaRonge	Tom Paonessa*	Francis Stabler	Gary Zientac*
				Rita Zupan*

THANKS MARIE!!!

Thanks, Marie, for a terrific job as my POAR co-chair. Not only did you do the lion's share of the chairmanship duties, you also did all the data entry, the rider labels, most of the work for the favors, and the purchasing of some of the rest stop food. You were on top of what was happening with the SAG's, the radio people, the road marking people, the rest stop people, and on down the line of all the responsibilities. You knew of everything that needed to be done and made sure that there was someone to do it – even when that person turned out to be you. As always, I've loved working with you on this project and look forward to working with you in the future.

Mary Kasiborski

USED BIKES NEEDED

Do you have a serviceable used bicycle cluttering up your garage? **Oxford Addison Youth Assistance (OAYA)**, a division of the Oakland County Family Court has a need for bikes for several "at risk" children. If you have a used bike you would like to contribute, call Paul Wilhelm, at 586 247-6397. OAYA is a 501c tax-exempt organization.

FOR SALE

Road Bike, 21" frame. Touring configuration. Well equipped. Just tuned-up by Anchor Bay Bike Shop. \$150. Pat Mullin. 248-656-2187

COMING EVENTS

Friday, October 4, 2002 Grosse Pointe Morning Ride. 11:00 A.M.

Meet at the Grosse Pointe Municipal Building, 20025 Mack Avenue, between Moross & Vernier, on the west side of Mack. Park at the north side of parking lot. Lunch during ride. If the weather is questionable, call before 9:30 A.M. **Leaders:** Shirley & Pat Mullin @ 248 656-2187.

Sunday, October 6, 2002 Blue Water Ramble

Saturday, October 12, 2002 Apple Cider Donut Poker Ride 9:00 A.M.

Meet at the Rochester Public Library. East of Main Street (Rochester Road) North off University. Ride Paint Creek Trail. 20 Miles **Leader:** Lester Useted 586 754-6334

Sunday, October 13, 2002 Tour De City 8:30 and 10:00 AM

Long Tour: Meet at 8:30 AM at Macomb Community College, corner of 12 mile and Hayes. We will ride to Belle Isle where we will meet the folks doing the short tour. Along the way we will travel through the Grosse Pointes, stop at the Fisher mansion, ride by the Manoogian mansion, and pass through Indian Village. The pace will be 13-15 MPH. At Belle Isle we will meet up with the group doing the short tour and will ride at a slower pace as we tour downtown Detroit with a lunch stop in Mexican Town at the El Zocalo Restaurant. After our lunch and Tour of Downtown the short tour will return to Belle Isle and the long tour will return to the starting location by way of Hamtramck. Total distance: 55-60 miles.

Short Tour: Meet at 10:00AM at the Belle Isle Casino. We will ride around Belle Isle until the long tour meets us at approx. 10:30-11:00 AM. After returning to Belle Isle you can add additional miles if you wish. Total distance: 15 miles plus whatever you wish to ride on Belle Isle.

Ride Leaders: Kathy and Bob George, (586)-463-6058 and Tom Miller (586)-573-4754

Friday, October 18, 2002 Rochester Hills Morning Ride 9:00 A.M.

Join Shirley and Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north off Hamlin Rd.(22mile), just east of Crooks Rd. (North of M-59). Lunch nearby after the ride **Leaders:** Shirley and Pat Mullin. 248 656-2187.

Saturday, October 19, 2002 Marysville Dirt Ride 10:00A.M.

Meet at the SW corner of Riverview Plaza in St. Clair. Take 1-94 east to Exit 257, Fred Moore Hwy. Go east on Fred Moore, right on Clinton, left on Third to the Plaza. Ride will be about 30 miles on mostly flat country dirt roads with a short distance along the St. Clair River. If the dirt roads are too damp, we will ride pavement. There will be a short stop at the Marysville McDonalds. **Leader:** Alex Schneider 810 329-7245.

Sunday, October 20, 2002 Troy to Cranbrook Ride. 10:30 A.M.

Leader: Mary Stoolmiller. 248 879-6004 Distance: 28 miles on flat to hilly terrain. Meet in West parking lot of Troy Union School, on Square Lake Road (19 Mile) between John R and Rochester Road. Fall colors should be at peak for this ride. Restaurant stop for lunch after the ride. If weather is doubtful, please call the leader by 9:30 A.M.

Saturday, October 26, 2002 Huron Valley Trail System 9:30 A.M.

Meet at Kensington Metropark. Take 1-96 west to exit 153 and turn right into the Metropark. Park at the first area after the park toll booth- east boat ramp picnic area. We will ride all paved interconnected bike paths from Kensington to Island Lake to a paved rail trail into South Lyon. Lunch stop during the ride. 30-40 miles. **Leader:** Jim Walter 248 879-2405.

Sunday, October 27, 2002 St. Clair to Lakeport 9:00A.M.

46 miles. Moderate pace. Meet at the south end of parking lot in St. Clair. Take 1-94 east. Exit 257. Follow the road into St. Clair. At Clinton St., turn right. 2 blocks, turn left on 3rd. to the shopping center. **Leaders:** Betty Stencil 810 329-3841 and Carol Blanchard 810 329-2457.

PLEASE NOTE: If the weather is doubtful, it is a good idea to check with the leader to see if the ride will still take place.



**Don't forget to check the Hotline for any impromptu rides! 586-819-0187
Contact Tom Paonessa 586-293-8624 to have your Activity on the hotline.**



Join us at the
Slow Spokes Bicycle Club
Christmas Dinner

Sunday, December 8th, 2002

Dimitris Rendezvous
36217 Gratiot, Clinton Twp.
(South of Metro Parkway (16 Mile) on West Side of Gratiot)
586-792-2200

Arrival 4:00 pm

Dinner 4:30 pm

Dinner Menu

Sit down family style dinner consists of:
Two Entrees, Relish Tray, Soup, Pasta, Mixed Tossed Salad, Potatoes,
Vegetable and Dessert
Beverages:
Coffee, Tea, Milk

\$17.00 Per Person

Members and Non-Members Welcome
(Pay in Advance, Price Includes Tax and Tip)

Make Checks Payable to:
Fred Hamann
And Mail to:
14640 Bade Dr.
Warren, MI 48088

Checks and Reservations must be received by Nov. 29th, 2002



Get ready for the season by visiting your favorite bike shop!

These bicycle stores offer a discount on equipment and accessories. You must show your Slow Spokes membership card when making a purchase to receive the discount.

Adventure Cycle & Sport	454 West Nepessing Lapeer, MI 48446-2150	(810) 664-1313
Allied Cycle	23101 Gratiot, Eastpointe, MI 48021-1628	(586) 772-3411
American Cycle and Fitness	1109 S. Washington Royal Oak, MI, 48067-3219	(248) 542-7182
American Cycle and Fitness	20343 Mack Avenue, Grosse Pointe, MI 48236- 1717	(313) 886-1968
American Cycle and Fitness	2169 Metropolitan Pkwy., Sterling Heights, MI 48310	(586) 979-7570
American Cycle and Fitness	39600 West 14 Mile Road Walled Lake, MI 48390-3909	(248) 960-1371
Anchor Bay Bicycle & Fitness	35214 23 Mile Road, New Baltimore, MI 48047- 3650	(586) 725 2878
Bicycle and Fitness Barn	1604 Stone Street, Port Huron, MI 48060-3344	(810) 987-2523
Continental Bike Shop	24426 John R., Hazel Park, MI 48030-1	(248) 545-1225 14
D & D Bicycles	121 North Center Northville, MI 41867-1413	(248) 347-1511
D & D Bicycles	4141 West 12 Mile Road Berkley, MI 48072-1121	(248) 547-0770
D & D Bicycles	8383 Middlebelt Westland, MI 48185-18 10	(313) 552-9410
Fraser Bicycle and Fitness	32064 Utica Road, Fraser, MI 48026-2207	(586) 294-4070
Macomb Schwinn Cyclery	28411 Schoenherr, Warren, MI 48088-6300	(586) 756-5400
Paul's Bike Depot	28057 Gratiot, Roseville, MI 48066	(586) 776-9165
Prestige Cycles	36558 Moravian, Clinton Township, MI 48035-1202	(586) 7924040

Slow Spokes Membership Application

Date _____

Name _____ Phone _____

Address _____ E-mail _____

City/State _____ Zip _____

Check one please. New membership _____ Renewal _____

Please make your \$ 10.00 check payable to Slow Spokes.
Mail this application and your check to:
Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792