



Slow Spokin' Times

August 2002

President: Tom Miller
Vice President: Kay Hein
Treasurer: Annette Smith
Secretary: Mary Miller
Newsletter Editor: Kay Sheere

Membership: Bill Smith
POR Co-Chair: Marie Clifford
POR Co-Chair: Mary Kaisborski
Ride Coordinator: Kay Hein
Sunshine Liaison: Aloys Turck

Check our website: www.lmb.org/clubs/spokes.htm or Hotline: 586-819-0187

New Members

Gary Balowski	16436 Rossini Drive	Detroit, MI 48205	313 521-6241
Jan Foster	28048 Universal Dr.	Warren, MI 48092	586 573-3540
Albert LaTorre	32658 Beacon Ln.	Fraser, MI 48026	586 294-1118
Ronald Ruel	40735 Melody Ct.	Clinton Twp., MI 48038	586 286-3965
Sylvia Wagner	13913 Samersset Lane	Warren, MI 48088	586 498-9017

A Note from Our President

Forty three members attended the July meeting of the Slow Spokes. Thanks to all who were there. Your attendance and support is greatly appreciated by your Club Officers.

It was decided at this meeting that future meetings would begin at 7:30 p.m.

See you at the next meeting, Friday, August 2, 2002, at 7:30 P.M.

Thomas M. Miller
President

Potpourri

- **Ride information:** Send information for rides/walks for the August Spokin' Times to Kay Hein, 382 Ottawa, Troy, Mi. 48098 by August 10, 2002. (248) 879-9165

Newsletter information: Send any articles or information you would want published in the August Spokin' Times to Kay Sheere 11318 Jacqueline, Sterling Heights, 48313 by August 15, 2002 (586) 939-9817. **Another** new email address, Hotmail is too slow – ktmc1014@alabove.net

- **Amishland and Lakes Ride:** A group of Slow Spokes plan to return to Howe, Indiana for this Aug. 10 & 11th ride.
- **Arc Cycling Programs** will be hosting a ride for cyclists of all abilities in Dearborn Heights on September 21, 2002. If you are interested, flyers will be available at the August meeting. Proceeds benefit Arc Cycling Program.

Update on the Peach of a Ride

- Ride preparations are on schedule.
- All volunteer positions have been filled.
- If you signed up for a bike shop, keep it supplied with applications.
- All members should check availability of applications in bike stores and replenish from supply (hopefully) being carried in car.
- Get those recipes out, as you will be called regarding baking cookies. Remember, home-made cookies are a trademark of the Peach.
- Talk up the ride to one and all. It is the Club's only fundraiser, and when profitable, allows us to be generous in our bike-related donations.
- Peach of a Ride meeting for committee heads at 7:30 p.m., August 5, at Marie Clifford's 586 463-6647 mwclifford@msn.com

HELP!

Richard Keller needs help with the parking lot for the 2002 Peach of a Ride!

COOKIE INFO FOR POAR

I am the Cookie Chairman for 2002. I think I was destined for this job because I love to bake and eat home-made cookies. Our ride is known for its great cookies. Every member should get a phone call asking for 4 - 6 dozen cookies (hopefully home-made). Marking the amount on the container helps a lot. They can be brought to the Sept. 6 meeting or dropped off at these drop-off homes. Thank you so much for your past help and any help you can give this year.

Carol Meerhaeghe

St. Clair Shores/ Grosse Pointes
Evelyn Bires
28105 Rosebriar

Rochester
Pat and Shirley Mullin
1754 Thomas Ct.

Warren
Tom and Mary Miller
28132 Lorraine

Troy
Kay Hein
382 Ottawa

St. Clair
Alex Schneider
2632 Cour Regis

Sterling Hgts
Carol and Art Meerhaeghe
37319 Andrew Dr

Shelby Twp.
Bill and Annette Smith
2250 Clearwood Ct.

A Thought

By member Rose Marie Jacobs

A Thought

Young men want to be faithful, and are not;
old men want to be faithless, and cannot.

Oscar Wilde

Rural Pearl of a Ride

7:30 AM to 12:30 PM Saturday, August 24, 2001

The Sixth Annual Rural Pear of a Ride, a back (dirt) roads bicycle tour of Northeastern Oakland County will be Saturday, August 24, 2002. There will be a choice of 19, 27, 35 and 45 mile routes through scenic, gently rolling countryside. The start and finish are at the municipal offices in Picturesque Oxford. Registration will be open from 7:30 AM to 12:30 PM. The entry fee is \$13.00 per rider (\$30.00 per family) before August 17 or \$16.00 per rider (\$35.00 per family) after and on day of ride. Maps, SAG service, snacks and refreshments are provided. All proceeds benefit Oxford Addison Youth Assistance Program and the Polly Ann Trail.

The ride is held in conjunction with the Celebrate Oxford annual summer festival. There will be an antique fair, classic car show, arts and crafts, the local restaurant chefs preparing their house specialties, and many more activities to enjoy after the ride. For an entry form and/or more information, contact Paul Wilhelm at 586 247-6397

Used Bikes Needed

Do you have a serviceable used bicycle cluttering up your garage? **Oxford Addison Youth Assistance (OAYA)**, a division of the Oakland County Family Court has a need for bikes for several "at risk" children. If you have a used bike you would like to contribute, call Paul Wilhelm, at 586 247-6397. OAYA is a 501c tax-exempt organization.

PALM 2002

The Slow Spokes were well represented at PALM 2002 this year by the following members: Tom Paonessa, Bob Halsall, Aloys Turck, Rita Zupan, Bonnie Michalek, Jim Kegler, Alex Schneider, Kevin Degen, Evelyn Bires, Betty Stensil, Jo Grinden, Bill Schmanski, Pat Newman, Geno Petrovich, Ed Brundage and Paul Wilhelm.

It was a great ride with rolling hills, mostly smooth country roads thru small towns with the wind at our backs. We survived the heat and only a couple sprinkles of rain, set-up and tear downs of tents were dry.

I would encourage anyone to do this ride as it starts and ends in different towns every year. It is a family ride with rides anywhere from 28 to 50 miles per day, with options of more miles each day for the more aggressive rider. At the end of the ride there is a police escorted ride with all riders wearing the shirt given to them on the ride, picture 700 riders taking up the road, it's quite a sight. Then a wonderful luncheon is served afterward before returning home.

August 2002 Scheduled Activities

Friday August 2, 2002 **Slow Spokes Monthly Meeting** **7:30 p.m.**
Meeting place: Owen-Jax Activities Center, 9 Mile Road east of Van Dyke.
Refreshments will be served.

Saturday, August 3, 2002 **Be Kind to Your Mother-in-Law Swinging Bridge 9:30am**
Leader: Alex Schneider 810 329-7245 Approx. 41 miles Meet in Lexington in
the parking lot at the foot of Simons St. Take I-94 to M-25. Follow signs to Lexington.
One block past the light, turn right on Simons. Proceed down the hill to the parking lot.
Ride: north Lake Huron to Washington Rd., west, then south to Applegate West.
Southeast to Crosswell. Bike path return to Lexington.

Sunday, August 4, 2002 **Paint Creek Trail** **10:00 a.m.**
Leader: Al Fisk 248 651-3796 20 miles.
Meet at Rochester Library, west end of lot. 1 block E. of Main, N. off University

Monday, August 5, 2002 **Grosse Pte. Morning ride** **9:30 a.m.**
Meet at the Grosse Pointe Municipal Building, 20025 Mack Avenue, between Moross &
Vernier, on west side of Mack. Park at north side of parking lot. Lunch during ride. If
weather questionable, we may not take long drive into G.P. Call before 8:00 a.m. Pace
12-14 mph – faster along Lakeshore. Shirley & Pat Mullin @ 248-656-2187

Monday, August 5, 2002 **Metro Path/Mt. Clemens Ride** **6:30 p.m.**
Leader: Mike & Pat Ennis 586-792-7709 Try to be early.
Distance: 18 Miles down the path & into Mt. Clemens at a 10 to 12 MPH.
Meet at St. Thecla's Church parking lot. Off Groesbeck between 15 & 16 Mile, turn East
at the light onto Carlier, go to Little Mack & turn left which dead ends at Nunnely
entrance to the Church Parking lot.

Wednesday, August 7, 2002 **Wednesday Wramble** **6:30 p.m.**
Leader: Bob Bruce 248-641-5139 Distance: 18 – 22 miles on flat to rolling terrain.
Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing
Long Lake Rd., next to the AAA office. Restaurant stop optional after the ride.

August 9,10,11, 2002 **Amishland & Lakes**

Sunday, August 11, 2002 **Come Fly with Us/Tour of Selfridge Air Base 10:00 am**
Mike & Pat Ennis. 586 792-7709 25 miles @ 10-12 mph pace. Terrain: paved streets
except for 2 ½ mi of hard packed stone. Suggest no road bikes. Meet at City Park in
New Baltimore, Washington @ Front St. Take I-94 to the M-29 exit (23 Mi. Rd.) into
New Baltimore. Turn right on Washington to Front St. Lunch at Green St. Tavern after
ride. Special features of ride: the military requires that we submit a list of riders by
August 4, 2002. If your name is not on the list, they will not let you on the base. You
must also show your driver's license at the gate. We will tour the whole base and the
airplane museum. Bring \$3.00 for tour fee.

Tuesday, August 13, 2002 Rochester Hills Morning Ride - 9 a.m.

Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. (North of M-59). Lunch nearby after the ride. Call if weather is questionable. Shirley & Pat Mullin @248-656-2187

Wednesday August 14, 2002 Wednesday Wramble 6:30 p.m.

Leader: Bob Bruce 248-641-5139 Distance: 18 - 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after ride.

Wednesday, August 14, 2002 Stony Creek to Wolcott Mill 9:00 a.m.

Leader: Paul Wilhelm 586 247-6397 40+ mi. 12-14 pace, mostly flat. Meet at Stony Creek boat launch parking lot. Lunch at end of ride.

Friday, August 16, 2002 Grosse Pointe Morning Ride - 10:00 a.m.

Meet at Grosse Pointe Municipal Building, 20025 Mack Avenue, between Moross and Vernier, on W side of Mack. Park at north side of parking lot. Lunch during ride. If weather is questionable, we may not take the long drive into G.P. Call before 8:30 a.m. Pace 12-14 mph -faster along Lakeshore -. Pat & Shirley Mullin @248-656-2187

Saturday, August 17, 2002 Freedom Hill/Metro Beach/Mt. Clemens 8:00 a.m.

Meet at Freedom Hill, please come at least 15 min. early to allow time to start as scheduled. The ride will be approx. 35 to 38 miles at 12-14 MPH. Optional lunch stop after the ride. Leader: Rita Zupan 586-264-0712

Sunday, August 18, 2002 Troy-Bloomfield Ride 9:00 a.m.

Leader: Mary Stoolmiller 248 879-6004 Distance: 25-28 miles Flat to rolling and hilly terrain. Meet at Jaycee Park in Troy on Long Lake Rd. (18 Mi. Rd) ¼ mi. W. of John R, park near restrooms. We will ride thru Troy and Bloomfield and enjoy views of beautiful homes and gardens. Optional restaurant stop after ride.

Monday, August 19, 2002 Metro Path/Mt. Clemens Ride 6:30 p.m.

Leader: Mike & Pat Ennis 586-792-7709 Distance: 18 Miles down the path & into Mt. Clemens at a 10 to 12 MPH. Meet at St. Thecla's Church parking lot. Off Groesbeck between 15 & 16 Mile, turn East at the light onto Carlier, go to Little Mack & turn left which dead ends at Nunnely entrance to the Church Parking lot.

Wednesday August 21, 2002 Mini-Blue Water 9:30 a.m.

Leader: Marie Clifford 586 463-6647 30 mi., flat terrain. Meet at Algonac McDonald's on M-29. Bring \$2.00 for ferries, ID for customs and a lunch for yourself.

Wednesday August 21, 2002 Wednesday Wramble 6:30 p.m.

Leader: Bob Bruce 248-641-5139 Distance: 18 - 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after ride.

^{SAT} ²⁴
Thursday, August 22, 2002 Highway Cleanup 9:00 a.m.
Aloys Turck 248 362-4031 Meet at Metropolitan Parkway and Groesbeck, NW corner, behind the Dairy Queen. Tools, gloves and bags are provided. Let's have a good turnout and finish by noon. Your help and support will be greatly appreciated.

Sunday, August 25, 2002 Goodells Farm Museum Ride 9:00 a.m.
Leader: Adolpho Torres 586 749-5982 45 mi. Meet in Richmond at K-Mart parking lot next to Burger King. M-19 to Gratiot. Ride to Goodells on paved country roads. They have a farm museum. We'll picnic there, bring a sandwich. Continue to Memphis on back roads to Richmond. 5 hrs. approx 12-14 mph pace.

Monday August 26, 2002 Metro Path/Mt. Clemens Ride 6:30 p.m.
Leader: Mike & Pat Ennis 586-792-7709 Distance: 18 Miles down the path & into Mt. Clemens at a 10 to 12 mph. Meet at St. Thecla's Church parking lot. Off Groesbeck between 15 & 16 Mile, turn East at the light onto Carlier, go to Little Mack & turn left which dead ends at Nunnely entrance to the Church Parking lot.

Wednesday August 28, 2002 Wednesday Wramble 6:30 p.m.
Leader: Bob Bruce 248-641-5139 Come early. Distance: 18 - 22 miles on flat to rolling terrain. Meet in the Kroger parking lot at Long Lake (18 Mile rd.) & Livernois. Park facing Long Lake Rd., next to the AAA office. Restaurant stop optional after the ride.

Thursday, August 29, 2002 ROCHESTER HILLS MORNING RIDE — 9:00 a.m.
Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. (North of M-59). Lunch nearby after the ride. Call if weather is questionable. Shirley & Pat Mullin @248-656-2187

Saturday, August 31, 2002 Mini Backroads Boogie 9:00 a.m.
Leader: Paul Wilhelm 586 247-6397 28 mi. Pace: 11-13 mph. Dirt roads. Mostly flat with a few good hills. Meet in Stony Creek Metro Park at boat launch parking lot. We'll stop in Lake Orion. Lunch at end of ride.

**Be sure to check the Hotline (586) 819-0187 for any impromptu activities.
Contact Tom Paonessa (586) 293-8624 to have your
Activity included on the hotline.**

Get ready for the season by visiting your favorite bike shop!

These bicycle stores offer a discount on equipment and accessories. You must show your Slow Spokes membership card when making a purchase to receive the discount.

Adventure Cycle & Sport	454 West Nepessing Lapeer, MI 48446-2150	(810) 664-1313
Allied Cycle	23101 Gratiot, Eastpointe, MI 48021-1628	(586) 772-3411
American Cycle and Fitness	1109 S. Washington Royal Oak, MI, 48067-3219	(248) 542-7182
American Cycle and Fitness	20343 Mack Avenue, Grosse Pointe, MI 48236- 1717	(313) 886-1968
American Cycle and Fitness	2169 Metropolitan Pkwy., Sterling Heights, MI 48310	(586) 979-7570
American Cycle and Fitness	39600 West 14 Mile Road Walled Lake, MI 48390-3909	(248) 960-1371
Anchor Bay Bicycle & Fitness	35214 23 Mile Road, New Baltimore, MI 48047- 3650	(586) 725 2878
Bicycle and Fitness Barn	1604 Stone Street, Port Huron, MI 48060-3344	(810) 987-2523
Continental Bike Shop	24426 John R., Hazel Park, MI 48030-1	(248) 545-1225 14
D & D Bicycles	121 North Center Northville, MI 41867-1413	(248) 347-1511
D & D Bicycles	4141 West 12 Mile Road Berkley, MI 48072-1121	(248) 547-0770
D & D Bicycles	8383 Middlebelt Westland, MI 48185-18 10	(313) 552-9410
Fraser Bicycle and Fitness	32064 Utica Road, Fraser, MI 48026-2207	(586) 294-4070
Macomb Schwinn Cyclery	28411 Schoenherr, Warren, MI 48088-6300	(586) 756-5400
Paul's Bike Depot	28057 Gratiot, Roseville, MI 48066	(586) 776-9165
Prestige Cycles	36558 Moravian, Clinton Township, MI 48035-1202	(586) 7924040

Slow Spokes Membership Application

Date _____

Name _____ Phone _____

Address _____ E-mail _____

City/State _____ Zip _____

Check one please. New membership _____ Renewal _____

Please make your \$ 10.00 check payable to Slow Spokes.
Mail this application and your check to:
Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792