



# April 2002 Scheduled Activities

## Be happy! We ride again!



### Monday, April 1 - April Fools' Day!

Activity: **Rochester Hills Morning Ride**

Leaders: **Shirley & Pat Mullin** (248) 656-2187

Meeting place: The Mullin's condominium at 1754 Thomas Ct. Enter the Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. north of M-59. Call if weather is questionable.

Starting time: 11:00 a.m. Join us for a ride around nearby neighborhoods in Rochester Hills. Arrive 15 minutes before ride start time.

Lunch: At a nearby restaurant after the ride.

### Friday, April 5 - Fun-At-Work day!

Activity: **Slow Spokes' Monthly Meeting**

Meeting place: Owen-Jax Activities Center, 9 Mile Road east of Van Dyke

Starting time: 7:30 p.m. (Note the time change for this meeting only.)

Refreshments will be served.

### Saturday, April 6 - Tartan Day

Activity: **St. Clair to Algonac and Return Ride**

Leader: **John Engelgau** (810) 326-0951

Meeting Place: South end of Riverview Plaza in St. Clair - Exit 257 off I-94 from the west.

Starting time: 10:00 a.m. Please arrive 15 minutes before ride start time.

Pace: 10-12 mph unless we have enough to form a faster or slower group. Distance: 34 miles

Lunch: Optional lunch stop at Murphy's after the ride. We will stop for a snack at the Algonac McDonalds during the ride

### Sunday, April 7 - Daylight Saving Time Begins! World Health Day! No Housework Day!

Activity: **St. Clair Shores to Windmill Pointe Ride**

Leader: **Tom Miller** (586) 573-4754

Meeting Place: Lakeshore Village Shopping Center, Jefferson at Marter Rd. in St. Clair Shores

Starting Time: 10:00 a.m. Please arrive 15 minutes before ride start time.

Distance: 25 miles

Pace: 12 to 14 mph

Lunch: No lunch. We will take a break at Bruegger's in Grosse Pointe.

### Friday, April 12 - Big Wind Day!

Activity: **Grosse Pointe Morning Ride**

Leaders: **Pat & Shirley Mullin** (248) 656-2187

Meeting Place: The Grosse Pointe Municipal Building 20025 Mack Ave. between Moross and Vernier on the west side of Mack. Park at the north side of parking lot. Please arrive 15 minutes before ride start time.

Starting Time: 11:00 a.m. If weather is questionable, we may not take the long ride into Grosse Pointe. Call before 9:30 a.m.

Lunch: We will stop for lunch during the ride.

### Saturday, April 13 - Thomas Jefferson's Birthday!

Activity: **Metro Parkway Clean-up**

Organizer: **Aloys Turck** (248) 362-4031

Meeting Place: The northwest corner of Grosbeck and 16 Mile Rd. (Metro Parkway) behind the Dairy Queen, at 10:00 a.m.

Plastic gloves and garbage bags will be provided. However, if you have your favorite gloves and tools, bring them along. Let's have a good group for the first clean up this spring. The more people helping, the more fun and the faster we can finish and go to lunch.

Lunch: Optional restaurant stop after the clean up.

**Saturday, April 20 – Astronomy Day! Holocaust Remembrance day!**

**Activity: Paint Creek Trail**

**Leader: Al Fisk (248) 651-3796**

**Meeting Place:** The Rochester Hills Public Library, (west parking lot). Bathrooms are available in the library.

**Start time:** 10:00 a.m. Please arrive 15 minutes before ride start time.

**Distance:** 18 miles to Lake Orion and back. Paint Creek is hard-crushed gravel; hybrids and fat tires do well on this surface.

**Lunch:** We will have a brief stop at McDonalds in Lake Orion and possibly a lunch stop after the ride.

**Sunday, April 21- Ridvan Begins!**

**Activity: Stoney Creek/Nature Center to Rochester Ride** Note: We will not be riding the Paint Creek Trail.

**Leaders: Rose Bianchini (586) 759-0903 and Rita Zupan (586) 264-0712**

**Meeting Place:** Stoney Creek Boat Launch

**Starting Time:** 10:00 a.m. Please arrive 15 minutes before ride start time. **Distance:** Approx. 25 miles **Pace:** 12 to 14 mph

**Lunch:** Optional restaurant stop after the ride.

**Monday, April 22 – Earth Day! Jelly Bean Day!**

**Activity: Rochester Hills Morning Ride**

**Leaders: Shirley & Pat Mullin (248) 656-2187**

**Meeting place:** The Mullin's condominium at 1754 Thomas Ct. Enter the Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. north of M-59. Call if weather is questionable.

**Starting time:** 11:00 a.m. Join us for a ride around nearby neighborhoods in Rochester Hills. Arrive 15 minutes before ride start time.

**Lunch:** At a nearby restaurant after the ride.

**Wednesday, April 24 – Secretaries day**

**Activity: Harsen's Island Ride**

**Leaders: Alex Schneider (810) 329-7245 and Evelyn Bires (586) 329-7245**

**Meeting Place:** McDonalds on M-29 in Algonac, about 1/2 mile east of Harsen's Island Ferry Dock.

**Starting Time:** 10:00 a.m. Please arrive 15 minutes before ride start time. **Distance:** 22 to 32 miles

**Lunch:** Optional restaurant stop after the ride.

**Sunday, April 28 – Kiss-Your-Mate day!**

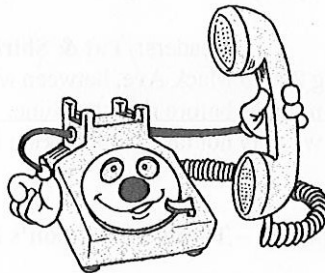
**Activity: Two-Ferry Ride**

**Leaders: Marsha Leaver (586) 725-2480 with Sue Gill and Ed Rogers (586) 783-5058**

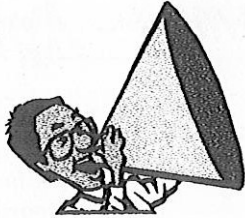
**Meeting Place:** McDonalds on M-29 in Algonac, about 1/2 mile east of Harsen's Island Ferry Dock.

**Starting Time:** 10:00 a.m. Please arrive 15 minutes before ride start time. **Distance:** 20 miles **Pace:** 10-12 mph

**Lunch:** Optional lunch stop after the ride. Cost of ferry ride: \$3.00



Be sure to check the Hotline (586) 819-0187 for any impromptu activities.  
Contact Tom Paonessa (586) 293-8624 to have your  
activity included on the hotline.



## Slow Spokes Speak Out!

The *Slow Spokes Spokin' Times* Speak Out page offers members and fellow cyclists a forum for speaking out about issues pertaining to the club and its activities. The *Slow Spokes Spokin' Times* welcomes your comments. Feel free to express a concern or simply write to praise a ride leader or someone who went beyond the call of duty to make Slow Spokes a better organization.

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**Sometimes I find it difficult to explain to a non-biker exactly what it is that I get out of biking other than fitness. Along those lines I would like to share with other members the following paragraph that appeared in this month's *U. of M. Alumni Newsletter*.**

**Jim Carson  
Rochester Hills**

Marshall Katzman, '70, MA'71, embarked on a cross-country bicycling trip with his son, Adam, covering 3,500 miles during two summers. Marshall's goal was to lose 25 pounds, and he succeeded. Adam explained how he benefited from the trip in his

college application essay: "When I look back at those months that I spent biking, I realize that the simplicity of the trip was one of the most important things. The monotony of the endless rows of crops, the ever-present spinning of the pedals and the hours and hours devoted to free and undeveloped thought lent themselves to some of the most important days of my life. I learned that I don't need a hectic lifestyle spent in pursuit of money and status to be happy. On a bike, money, designer labels and social status don't make you ride any faster or make the pedaling any easier, and now I realize that it is the same thing in life, because happiness is something that should not be a goal for the final destination, but rather our focus for the journey there."

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### Cycling Community:

Now that the ceremonies for the Mike Walden Velodrome have been established, it is time to post a volunteer help wanted note to you all. To make the facility self sufficient, we need to have people step up for the following jobs.

1. Race officials (training classes available)
2. Ticket takers
3. Grounds keepers
4. Coaching Assistants (future "coaches" will be needed)
5. Bell ringers and lap counters
6. Facility maintenance
7. Skills instructors

These are just some of the areas that will be needed to have

people become involved in to make our facility one that can become a benchmark for others around the country. As noted in Dave Young's message the other day, there are still projects that need to be completed before another bike can be allowed back on the track and our ceremonies can take place. For those projects Dave mentioned and the new volunteer jobs, please contact me by e-mail or call me at 586-939-6073 to let me know of your interest or to ask questions.

Also for those who may have never got around to sending in their pledges (for whatever reason it doesn't matter) but now can or might be more inclined, we still need funds to take care of these projects. Bikes still

need to be purchased also. If you would like to donate a bike or funds for one, please let us know.

Maintenance will also be part of the ongoing budget. To help with these ongoing maintenance costs, I ask that all the clubs, touring and racing commit at least \$30-\$50 per month (this can come from skating and skiing clubs too). With all the clubs in the area, this will certainly add up. The Clinton River Riders are starting this challenge with \$30. If your club makes a commitment, please post it here to help encourage others.

**Bill Windhorst  
Clinton River Rider &  
Velodrome Board Member**

# Slow Spokes Spokin' Times - April 2002

**President:** Tom Miller  
**Vice President:** Kay Hein  
**Treasurer:** Annette Smith  
**Secretary:** Mary Miller  
**Newsletter Editor:** Rita Zupan

**Membership:** Bill Smith  
**POR Co-Chair:** Marie Clifford  
**POR Co-Chair:** Mary Kaisborski  
**Ride coordinator:** Kay Hein  
**Sunshine liaison:** Aloys Turck

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## Welcome the following new members:

Leo and Ruth Ann Booms 32022 Bunert Warren, Michigan 48093, (586) 293-7603/email: [rabooms@worldnet.att.net](mailto:rabooms@worldnet.att.net)

Douglas G. Glondeniz 923 Nottingham Grosse Pointe Park, Michigan 48230, (313) 822-0767

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## PotpourriPotpourriPotpourriPotpourriPotpourriPotpourriPotpourriPotpourri

- **Ride information** - Send information for rides/walks for the May *Slow Spokes Spokin' Times* to Kay Hein, 382 Ottawa, Troy, MI 48098 by April 10, 2002. (248) 879-9165
- **Newsletter information** - Send any articles or information you would want published in the May *Slow Spokes Spokin' Times* to Rita Zupan, Editor, 33220 Priehs Court, Sterling Heights, MI 48313 by April 15, 2002. E-mail should be sent to [rzupan@tir.com](mailto:rzupan@tir.com). (586) 264-0712
- **March Meeting** - Thirty-five members attended the March Slow Spokes' meeting. The officers appreciate your participation. Special thanks go to Tom Paonessa and Aloys Turck, who somehow managed to have enough refreshments for all. Submitted by Tom Miller
- **Peach of a Ride 2002** - Slow Spokes members, Marie Clifford and Mary Kasiborski, have stepped forward and agreed to co-chair the 2002 Peach of a Ride. Let's all pitch in and help them make the 30<sup>th</sup> Peach of a Ride the most successful ever. We have had our first meeting with most of the committee members and everything is very much underway.
- **Notice** - The starting time for the Slow Spokes' April 5<sup>th</sup> meeting has been changed to 7:30 p.m. so that our member, Sheila Munro, will have the opportunity to present the Family and Friends CPR instruction immediately following the meeting. All are invited to attend.

### Enjoy the season riding one of these pre-owned beauties now for sale!

Brand new Schwinn Sierra 15" frame, 21 speed road bike complete with Cateye cyclometer, kick stand, rear rack and comfy split Serfas seat. Original purchase price in July 2001 was \$385.00. This can be yours for only \$250.00. This bike will be on display at the April 5<sup>th</sup> meeting. Contact Hilda Lamont at (586) 757-4522 or email at [hjlamont@tir.com](mailto:hjlamont@tir.com).

Trek 7000, blue with yellow accents, 15" frame mountain bike, 21 speed with rapid-fire shifting. Price includes cyclometer, mirror and rear rack. There are two sets of tires, one smooth and one knobby. Bike is in excellent condition. Bike will be on display at the April 5<sup>th</sup> meeting. You can purchase this beauty for only \$350.00. Contact Dolores Baumgarten at (810) 725-3447 or Tom Paonessa at (586) 293-8624.

Trek 750, black with white and gold decals, 17" frame cross bike, 21 speed with twist grip shifting. Included are a mirror, rear rack, comfortable seat and more. This bike will also be on display at the April 5<sup>th</sup> meeting. You can make this purchase for \$300.00 and be ready to ride this spring. Contact Dolores Baumgarten at (810) 725-3447 or Tom Paonessa at (586) 293-8624.