

Slow Spokes Spokin Times



P.O. Box 792, Sterling Heights, MI 48311-0792
HOTLINE: (810) 819-0187
WEBSITE: www.lmb.org/clubs/spokes.htm

President, Tom Miller	810-573-4754	Vice President, Mary Stoolmiller	248-879-6004
Treasurer, Gerald DeBaker	810-264-6285	Secretary, Mary Miller	810-573-4754
Ride Chairperson, Mary Stoolmiller	248-879-6004	Membership, Patrick Mullin	248-656-2187
Newsletter, Diana Moore	248-549-0354	P.O.A.R., Rose Marie Jacobs	810-779-4780
LMB Region 1 Director, Michael F. Sproul	810-445-2868		

ANNOUNCEMENTS

Next newsletter deadline: Please send any rides you are planning to lead in the month of **JULY** to:

Mary Stoolmiller
 6143 Walker
 Troy, MI 48098

By 6/10/00

Other articles please send to:

Diana Moore
 3016 Starr Rd
 Royal Oak, MI 48073-2228
 e-mail :

Dynamo930@prodigy.net

By 6/15/00

NEW MEMBERS

Robert Egan	Sterling Heights
Dennis Horrigan	Rochester
Steven McMahan	Marysville
Amy Shock McNeill	Fort Gratiot
Bette Stencil	St. Clair
Cliff Thomas	St. Clair Shores
Herb Ziegler	Lakeport

UPCOMING MEETINGS

Club meetings are held the first Friday of the month at the Owen Jax Activities Center in Warren at 8:00 p.m. The center is located on 9 Mile just east of Van Dyke. Refreshments follow the meeting.

The **June** meeting will be held on Friday, **June 2** at the **Clawson K of C** hall at 8:00 p.m. in conjunction with our annual recognition banquet. The K of C Hall is located at 870 Main Street (Livernois), between 14 Mile and 15 Mile (Maple Rd.) in Clawson.

The **July** meeting will be on Friday, **July 7, 2000.**

WEB PAGE MAINTENANCE NEEDED

The club is looking for a volunteer to update the Slow Spokes Club page on the LMB Website. If interested, please contact Bob George at (810) 463-6058 for more information.

HELP ! HELP !! HELP !!! HELP !!!!

Volunteers are **STILL** needed for the following **Peach of A Ride** responsibilities:

Rest Stop Food Chairperson

Responsible for obtaining food and beverages for the rest stops and ride headquarters(Armada High School) and delivering food and beverages to the crews at the rest stops on the day of the ride. This job would best be handled by two people working in tandem.

Rest Stop Chairperson

Responsible for recruiting and deploying the rest stop crews to the various locations, supplying coolers, trash bags and tables to the rest stops.

NOTE: Help will be available to any one volunteering for the above responsibilities from the people who have worked the above described chairperson positions in the past.

To volunteer, please contact Rose Marie Jacobs, P.O.A.R. Chairperson, at (810) 779-4780.



PEACH OF A RIDE MEETING

Date: Wednesday, June 21, 2000

Time: 7:30 P.M.

Place: Rose Marie Jacobs home

208 Riviera Dr

St Clair Shores

(810)779-4780

All Chairpersons and Team leaders should plan to attend this meeting. In order for P.O.A.R. 2000 to be successful, we need everyone working together towards a common goal. Your very important input is needed in the initial decisions that will be made in order to achieve this goal and present to the participants of this ride the best event possible.

RURAL PEARL OF A RIDE

Sunday July 9, 2000

7:30 AM to 12:00 PM

Fifth annual back roads bicycle tour of Northeastern Oakland County. Choice of 19, 27, 35 and 43 mile routes through scenic, gently rolling countryside. Last training opportunity for MICHIGANDER 2000 riders. Start and finish at Lakeville School ¾ of a mile east of M24 (Lapeer Rd.) on Lakeville RD. (Burdick) in picturesque Oxford. \$12.00 per rider (\$25.00 per family) before July 1 or \$15.00 per rider (\$30.00 per family) after and day of ride. All proceeds benefit Oxford Addison Youth Assistance Program and the Polly Ann Trail. For entry form and/or more information, contact Paul Wilhelm at 810.247.6397.

JUNE 2000 RIDE SCHEDULE

For all rides, call the ride leader if weather is doubtful.

The time listed is the **start** time of the ride.

Please be 15-20 minutes early in order to be ready to ride at the start time.

Ride Leaders – please return sign up sheets to Mary Stoolmiller.

Thursday, June 1 Rochester Hills Morning Ride 10:00 A.M.

Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester. Ride is 20-25 miles, 10-12 mph on hilly terrain. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north of Hamlin Rd., just east of Crooks Rd. (north of M-59). Lunch nearby after the ride.

Ride Leaders: Pat & Shirley Mullin (248) 656-2187

Saturday, June 3 National Trailways Day Celebration Ride 9:30 A.M.

Ride 20 miles, round trip, on the Paint Creek Trail. Ride will depart from the Rochester Public Library's west parking lot on Olde Towne (one block east of Main St. and one block north of E. University Dr.) at 9:30 AM. The ride will be leisurely paced to accommodate the many young and inexperienced riders we anticipate joining us as we ride to Lake Orion for the National Trailways Day Celebration ceremonies. Return from Lake Orion is scheduled to depart the trailhead at the back of the L&S parking lot at 12:30 PM. Lunch on you own in Lake Orion or Rochester.

Ride leader: Paul Wilhelm (810) 247-6397

Sunday, June 4 Romeo to Armada and back 9:30 A.M.

Meet at the K-Mart parking lot on Van Dyke just south of 31 Mile Rd. Ride is 30 miles, 11-13 mph on flat terrain, including two miles of hard-packed gravel and a ride through Wolcott Mills Metropark. Bring or buy lunch to eat at park in Romeo.

Ride Leader: Marie Clifford (810) 463-6647

Sunday, June 4 Farm Lake Tour

Monroe (313) 982-1678 or see LMB Calendar

Wednesday, June 7 Wednesday Wramble Wride 6:30 P.M.

Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). We will enjoy a short ride through the beautiful Troy subdivisions. A possible alternative leader will be selected at the ride. We generally stop for dinner after the ride.

Ride leader: Marilyn Drellishak (248) 375-2432

Thursday, June 8 Metro Parkway Ride 10:00 A.M.

Meet at Freedom Hill Park on Metro Parkway (16 Mile) between Utica Rd. and Schoenherr. Ride will be 24 miles on flat terrain. Bring lunch or buy at concession stand in the park.

Ride Leaders: Carol & Art Meerhaeghe (810) 268-7465

Saturday, June 10 **Huron Lakeshore Ride** **10:00 A.M.**
Meet in Lexington in the parking lot at the foot of Simons Street. Take I-94 to M-25, follow signs to Lexington, one block past the light, turn right on Simons, proceed down the hill to the parking lot. This easy route to follow will feature great views of Lake Huron. We will ride north from Lexington on M-25 paved shoulder to White Rock and return. Maximum distance will be approximately 62 miles round trip on M-25. Those who wish to ride less miles can return to Lexington when they wish. Bring snacks or buy on the way to eat at one of the parks along the route. No restaurant stop is planned.
Ride Leader: Alex Schneider (810) 329-7245

Saturday, June 10 **Michigan Human Powered Vehicle Rally**
Waterford (313) 884-0109 or see LMB Calendar

Sunday, June 11 **Windsor to Amherstburg Dual-Paced Ride**
Enjoy a rural ride within view of downtown Detroit and Amherstburg's waterfront on flat terrain. Bring a lunch to enjoy on the waterfront or buy at Rosa's in Amherstburg.

Long Ride starts at **9:00 A.M.**, meeting at the University Mall at Huron Church and Tecumseh (approximately ½ mile s of Ambassador Bridge). Ride will be 35 miles at 11-13 mph.
Ride Leader: Tom Miller (810) 573-4754

Short Ride starts at **9:30 A.M.**, meeting at St. Phillips Church(Hwy 8 and Conc.3). Ride will be 19 miles at 9-11 mph.
Ride Leader: Kathy George (810) 463-6058

Sunday, June 11 **Tour de Cure**
Island Lake Recreation Area (800) 868-7888 or see LMB Calendar

Tuesday & Wednesday June 13&14 **Pere Marquette Trail** **10:00 A.M.**
Shirley and Pat Mullin are planning a trip to the Pere Marquette Trail in Midland, approximately 2 hours from Rochester Hills. Stay overnight and explore the area's attractions or come and ride for one day. Rides will be 40-60 miles. More details at the June meeting, or you can call Shirley or Pat at (248) 656-2187 or e-mail patshirleymullin@home.com

Wednesday, June 14 **Wednesday Wramble Wride** **6:30 P.M.**
Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). We will enjoy a short ride through the beautiful Troy subdivisions. A possible alternative leader will be selected at the ride. We generally stop for dinner after the ride.
Ride leader: Marilyn Drellishak (248) 375-2432

Thursday, June 15 **Mill Street Ride** **10:00 A.M.**
Meet at the S.E corner of Lapeer Meijer's Store. Take M-24 north to the first traffic light beyond I-69. Turn left onto Baldwin and follow signs to Meijers'. Ride will be 41 miles at 12-14 mph on rolling terrain. Restaurant stop during the ride.
Ride Leader: Len Ziegenmeyer (810) 724-8054

Saturday, June 17 **Tour de Sticks** **9:30 A.M.**
Meet at the S.W. corner of Riverview Plaza in St. Clair. Take I-94 east to Fred Moore Hwy (St. Clair exit), go east to St. Clair, right at blinker on Clinton to Third, left to the Plaza. Ride will be 45 miles on flat terrain. Lunch stop at Murphy's after the ride.
Ride Leader: Dick Barry (810) 329-9331

Sunday, June 18 **East Side Suburbs Ride** **9:30 A.M.**
Meet at Eastpointe Community Center, 16435 E. 8 Mile Rd, 3-4 blocks west of Kelly Rd. on the north side of 8 Mile. Ride will be 25 miles on flat terrain. Optional restaurant stop after the ride.
Ride Leader: Jim Sieradzinski (810) 778-5104

Wednesday, June 21 **Wednesday Wramble Wride** **6:30 P.M.**
Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). We will enjoy a short ride through the beautiful Troy subdivisions. A possible alternative leader will be selected at the ride. We generally stop for dinner after the ride.
Ride leader: Marilyn Drellishak (248) 375-2432

Thursday, June 22 **Stony Creek to Lake Orion** **10:00 A.M.**
Meet at the Stony Creek boat launch parking lot. Ride will be 32 miles at 11-13 mph with some hills. Ride will be from Stony Creek to Lake Orion with a rest stop at McDonalds, back to Rochester for lunch at the Paint Creek Tavern, then back to Stony. Duration will be approximately 4 hours.
Ride Leader: Tom Paonessa (810) 293-8624

Saturday, June 24 **Lower Huron Metroparks Ride** **9:00 A.M.**
Meet at the Lower Huron Metropark Tulip Tree picnic area, which is the second one on the right after you enter the park. Take I-94 west to the first exit past I-275, which is Haggerty Rd. (exit #189) Go South on Haggerty Rd to the entrance of Lower Huron MetroPark.
Ride through three beautiful metroparks all on paved bike paths away from traffic. Ride will be 26 miles on mostly flat terrain with just a few hills thrown in for fun. Bring a picnic lunch to eat in the park.
Ride Leader: Greg Dunn (734) 844-3471

Sunday, June 25 **Wyandotte-Grosse Ile Ride** **9:30 A.M.**
Meet in the city parking lot at the south end of Bishop Park in Wyandotte. Take I-75 south to Outer Drive, exit 42. Go east to Jefferson, south on Jefferson, which becomes Biddle, to downtown Wyandotte. Turn left on Elm to parking lot. Ride will be 25 miles at 12-14 mph on flat terrain. Bring a picnic lunch to eat in the park after the ride.
Ride Leader: Mary Stoolmiller (248) 879-6004

Wednesday, June 28 **Wednesday Wramble Wride** **6:30 P.M.**
Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). We will enjoy a short ride through the beautiful Troy subdivisions. A possible alternative leader will be selected at the ride. We generally stop for dinner after the ride.
Ride leader: Marilyn Drellishak (248) 375-2432

Thursday, June 29 **Rochester Hills Morning Ride** **10:00 A.M.**
Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester. Ride is 20-25 miles, 10-12 mph on hilly terrain. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north of Hamlin Rd., just east of Crooks Rd. (north of M-59). Lunch stop during the ride.
Ride Leaders: Pat & Shirley Mullin (248) 656-2187

ATTENTION
ALL TRAILS USERS & ENTHUSIASTS...CYCLISTS, JOGGERS, WALKERS,
RUNNERS, SKIERS, GREENSPACE LOVERS!!

Celebrate Trails! Come To Michigan Millennium Legacy Trail Celebration Sat, June 3, 2000

Mark your calendar for Saturday, June 3rd, and attend The Michigan Millennium Legacy Trail Celebration taking place in Lake Orion and all along the Paint Creek Trail, Oakland County.

As part of the nationally-recognized National Trails Day, trails enthusiasts in Southeast Michigan are invited to join in the activities and celebration to recognize the designation of the Southeast Michigan Greenways Initiative as Michigan's own "Millennium Legacy Trail." This is an official White House designation, is endorsed by Governor Engler, and an official proclamation and trail markers will be unveiled. Oakland County's Paint Creek Trail is the physical representative of the Southeast Michigan Greenways, and will receive the official designation.

10 fun and interesting events will take place Saturday morning, and there is something for every trail using enthusiast. In addition to the official ceremonies, these include:

Bird Walk (Detroit Audubon Society)
Trail Walk (Orion Township Parks & Rec. Dept)
Mountain Bike Ride into Bald Mountain Rec Area (Michigan Mountain Biking Association)
Petals & Prairies, Plus (Dinosaur Hill Nature Preserve)
Rudd's Mill Historic Site Walk (Orion & Oakland Township Historical Societies)
Fly Fishing Demonstration (Paint Creek Outfitters)
Family Fun Bike Ride (Slow Spokes Bicycle Club)
Children's Bike Rodeo (Clinton River Riders)
Exhibitors' Tent (Booths & information from over a dozen recreational and trail oriented groups)

The event's 'center stage' will be located in the LS Market Parking Lot, M-24 & Atwater, Lake Orion. The schedule of events begins at 8:00 am, and the official ceremonies take place at 11:00 am.

There is no admission charge or fee. Over 40 local/regional area sponsors are making this trails celebration possible. For more information, or to receive a copy of the program /schedule of events, contact

Bill Stark, Paint Creek Trailways Commission, 248.651.9260, starkwc@aol.com; or,
Dan Keifer, Friends of Clinton River Trail, 248.652.1434, dckeifer@aol.com.

The Friends of Clinton River Trail and the Friends of Macomb Orchard Trail groups will each be represented in the Exhibitors' Tent. Please stop by and get up-to-date on the latest information about the efforts to convert the abandoned Grand Trunk Railroad line through Oakland and Macomb counties into another 31 MILES of new trailways for the region.

Sincerely,
Dan Keifer
Friends of Clinton River Trail
248.652.14324
dckeifer@aol.com