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Slow Spokes Spokin Times



P.O Box 792, Sterling Heights, MI 48311-0792
HOTLINE: (810) 819-0187
WEBSITE: www.lmb.org/clubs/spokes.htm

President, Tom Miller	810-573-4754	Vice President, Mary Stoolmiller	248-879-6004
Treasurer, Gerald DeBaker	810-264-6285	Secretary, Mary Miller	810-573-4754
Ride Chairperson, Mary Stoolmiller	248-879-6004	Membership, Patrick Mullin	248-656-2187
Newsletter, Diana Moore	248-549-0354	P.O.A.R., Rose Marie Jacobs	810-779-4780
LMB Region 1 Director, Michael F. Sproul	810-445-2868		

ANNOUNCEMENTS

Next newsletter deadline: Please send any rides you are planning to lead in the month of **August** to:

Mary Stoolmiller
6143 Walker
Troy, MI 48098

By **7/10/00**

Other articles please send to:

Diana Moore
3016 Starr Rd
Royal Oak, MI 48073-2228
e-mail :

Dynamo930@prodigy.net
By **7/15/00**

NEW MEMBERS

Marlene Holly	Clinton Twp, MI
Thomas Kniaz	Harper Woods, MI
Linda Mottinger	Shelby Twp, MI
Bill/Annette Smith	Shelby Twp, MI
William Szymanski	Richmond, MI

UPCOMING MEETINGS

Club meetings are held the first Friday of the month at the Owen Jax Activities Center in Warren at 8:00 p.m. The center is located on 9 Mile just east of Van Dyke. Refreshments follow the meeting.

The **July** meeting will be on Friday, **July 7, 2000**.

The **August** meeting will be on Friday, **August 4, 2000**

COOKIES COOKIES COOKIES COOKIES

It is not too early to go through your recipe books and start thinking about making those delicious cookies for our P.O.A.R. on Sept. 10th.

Be kind to the people that will be calling you with a request to bake cookies. They are all club volunteers.

We are well known in the bicycle world for our famous cookies and you can be a part of this wonderful tradition by contributing your family favorite. We always look forward to tasting all the yummy and scrumptious tidbits.

Thank you for contributing to this most worthy cause for your club.

Rose Marie Jacobs, Chairperson P.O.A.R.

Wednesday, July 12

Memphis Figure Eight

9:30 A.M.

Meet in Memphis at the municipal parking lot on Potter St., on block south of the only traffic light. Restaurant stop after the ride. Ride will be 38 miles on mostly flat terrain.
Ride Leader: Marie Clifford (810) 463-6647

Wednesday, July 12

Wednesday Wramble Wride

6:30 P.M.

Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). Distance is variable on rolling terrain. We generally stop for dinner after the ride.
We are unable to provide a leader for the ride this month, but riders may select a leader.

Saturday, July 15

Harsen's Island Strawberry Fest Ride

10:00 A.M.

Meet behind McDonalds on M-29 in Algonac, about 2 miles east of the Harsen's Island Ferry dock. Ride will be 22 or 27 miles on flat terrain at your own pace. After riding out to the point on Harsen's Island we will ride back to St. Paul's Church for a hot dog lunch with strawberry shortcake for dessert. YUM!
Ride Leader: Sandy Krueger (248) 544-7283

Sunday, July 16

Country Roads and River Ride

9:30 A.M.

Meet at the S.W. corner of Riverview Plaza in St. Clair. Take I-94 east to Fred Moore Hwy (St. Clair exit), turn right into town, right at blinker on Clinton, left on Third to the Plaza. Ride will be 42 miles on flat terrain. Lunch stop at Murphy's after the ride.
Ride Leader: Dick Barry (810) 329-9331

Wednesday, July 19

Wednesday Wramble Wride

6:30 P.M.

Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). Distance is variable on rolling terrain. We generally stop for dinner after the ride.
We are unable to provide a leader for the ride this month, but riders may select a leader.

Thursday, July 20

Peach Of a Dirt Ride in Reverse

9:00 A.M.

Meet at the Memphis Municipal parking lot. Take I-94 East to M-19, go through Richmond to Memphis. Turn right on Potter, one block before the traffic light in Memphis. We will ride the 31 mile POR dirt route. Starting in Memphis will add about 4 miles to the route for a total of 35 miles on mostly flat terrain. We will do the long leg of the ride first with a comfort and snack stop in Armada before returning to Memphis.
Ride Leader: Alex Schneider (810) 329-7245

Saturday, July 22

Pelicans Ride

9:30 A.M.

Meet in the SE corner of Lapeer Meijer's parking lot. Take M-24 north to the first traffic light beyond I-69, turn left onto Baldwin and follow signs to Meijer's, or take I-69 west to exit 155 (M-24) and go north to Baldwin. Restaurant stop during the ride. Ride will be 38 miles on rolling terrain.
Ride Leader: Len Ziegenmeyer (810) 724-8054

Saturday, July 22

Women on Wheels

Mason, (517) 882-3700 or see LMB calendar.

Sunday, July 23

Sterling Heights Neighborhood Ride

9:30 A.M.

Meet at Don's house, 33777 Kennedy Drive, east of Ryan Rd. between 14 Mile and 15 Mile. Turn east on Bieber off Ryan, go one block, turn right on Kennedy. Ride will be 25-30 miles on flat terrain. Restaurant stop after the ride.
Ride Leader: Don Windhorst (810)978-0184

Wednesday, July 26

Wednesday Wramble Wride

6:30 P.M.

Meet at the Northeast corner of Long Lake and Livernois Roads (near AAA). Distance is variable on rolling terrain. We generally stop for dinner after the ride.
We are unable to provide a leader for the ride this month, but riders may select a leader.

Thursday, July 27

Paint Creek Trail Ride

9:30 A.M.

Meet at the Rochester City Park on Pine St., one block west of Main St. and one block north of University. Ride will be 22 miles on flat terrain. Lunch at the Paint Creek Tavern after the ride.
Ride Leader: Aloys Turck (248) 362-4031

Saturday, July 29

Ride to Ann Arbor

9:00 A.M.

Meet at Greg's house. Take I-275 South to Ford Rd., exit 25. Go west ½ mile to Lilley, south on Lilley to Gloria, east on Gloria to 608 Shana Dr. (Gloria becomes Shana as it veers to the right). We will ride through beautiful Western Wayne county with light traffic and a nice shoulder for much of the ride. The ride will be 41 miles on mostly flat terrain with some rolling hills.
Ride Leader: Greg Dunn (734) 844-3471

Sunday, July 30

Bologna Festival Ride

10:00 A.M.

Meet in Memphis at the municipal parking lot on Potter St., one block south of the only traffic light. Ride will be 45 miles on flat terrain at a pace of 14-15 mph. We will stop in Yale for a bologna sandwich and see the Bologna King and Queen.
Ride Leader: Adolfo Torres (810)749-5982

PEACH OF A RIDE MEETING

Date: Wednesday, July 19, 2000

Time: 7:30 P.M.

Place: Rose Marie Jacobs home
208 Riviera Dr
St Clair Shores
(810)779-4780

All Chairpersons and Team leaders should plan to attend this meeting. In order for P.O.A.R. 2000 to be successful, we need everyone working together towards a common goal. Your very important input is needed in the initial decisions that will be made in order to achieve this goal and present to the participants of this ride the best event possible.

RURAL PEARL OF A RIDE

Sunday July 9, 2000

7:30 AM to 12:00 PM

Fifth annual back roads bicycle tour of Northeastern Oakland County. Choice of 19, 27, 35 and 43 mile routes through scenic, gently rolling countryside. Last training opportunity for MICHIGANDER 2000 riders. Start and finish at Lakeville School $\frac{3}{4}$ of a mile east of M24 (Lapeer Rd.) on Lakeville RD. (Burdick) in picturesque Oxford. \$12.00 per rider (\$25.00 per family) before July 1 or \$15.00 per rider (\$30.00 per family) after and day of ride. All proceeds benefit Oxford Addison Youth Assistance Program and the Polly Ann Trail. For entry form and/or more information, contact Paul Wilhelm at 810.247.6397

NEED A RIDE TO XENIA ?

Len Ziegenmeyer has room for three passengers, their duffels, and their bikes and will be leaving from Rita's. Call Len to reserve your spot, or for more information.

Len Ziegenmeyer
(810) 724-8054
lenziggy@yahoo.com

LITTLE MIAMI RIDE UPDATE

The executive committee of The Little Miami Scenic Trail Bike Ride (LMSTBR) is indebted to Dick Barry for his perceptive detection of an error in our first day's ride schedule to Xenia as printed on the postal-response cards. Dick noticed that the first rest stop was erroneously designated at Exit 15 on I-94 rather than Exit 15 on I-75. Thanks to Dick, some of the riders will not arrive in New Buffalo looking for Evelyn's famous apple crumb cake and Rita's zucchini bread!

The directions as printed in the brochure are correct! Only the post card was incorrect. We're heading south on I-75. First stop should be Exit 15 in Monroe.

Since we now have a waiting list for the LMSTBR, we would appreciate your returning your response card to Rita Zupan promptly so we can give those on the waiting list some indication of whether or not they'll be able to join us.

The Slow Spokes Seven

These fine Bicycle Stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount.

20th Century Bike Shop
Roseville - 28043 Gratiot Ave.
810-772-9084

Fraser Schwinn
Fraser - 32064 Utica
810-294-4070

Anchor Bay Bicycle & Fitness
New Baltimore - 35214 23 Mile Rd.
810-725-2878

Jerry's Bicycles of Birmingham
Birmingham - 33502 S. Woodward
248-645-2453

Busutti's Marine City Sport n Bike
Marine City - 6756 S. River Rd.
810-765-9042

Macomb Schwinn Cyclery
Warren - 28411 Schoenherr
810-756-5400

Cycle & Fitness USA
Walled Lake - 39600 W. 14 Mile Rd.
248-960-1371
Royal Oak - 1109 S. Washington
248-542-7182
Sterling Heights - 2169 Metroparkway
810-979-7570
Grosse Pointe - 20343 Mack Ave.
313-886-1968

Mountain of Bikes
Clinton Twp.- 42201 Garfield
810-412-0500

Prestige Cycles
Clinton Twp. - 36558 Moravian
810-792-4040

Adventure Cycle & Sport
Lapeer - 454 W. Nepessing
810-664-1313

D & D Bicycles
Berkley - 4141 W. 12 Mile Rd.
248-547-0770
Northville - 121 North Center
248-347-1511
Westland - 8383 Middlebelt
313-522-9410

Bicycle & Fitness Barn
Port Huron - 1604 Stone St.
810-987-2523

MEMBERSHIP APPLICATION

Name _____ Phone _____

Address _____

City/State _____ Zip _____

E-mail address _____

Check one please: New Membership Renewal

Please make your \$10.00 check payable to Slow Spokes.

Mail this application and your check to:

Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792



Slow Spokes Are Members of
League of American Bicyclists
League of Michigan Bicyclists

