

Slow Spokes Spokin' Times



P.O. Box 792, Sterling Heights, MI 48311-0792
HOTLINE: (810) 819-0187
WEBSITE: www.lmb.ora/clubs/spokes.htm

President, Tom Miller	810-573-4754	Vice President, Mary Stoolmiller	248-879-6004
Treasurer, Gerald DeBaker	810-264-6285	Secretary, Mary Miller	810-573-4754
Ride Chairperson, Mary Stoolmiller	248-879-6004	Membership, Patrick Mullin	248-656-2187
Newsletter, Diana Moore	248-549-0354	P.O.A.R., Rose Marie Jacobs	810-779-4780
LMB Region 1 Director, Michael F. Sproul	810-445-2868	Sunshine Liaison, Aloys Turck	248-362-4031

ANNOUNCEMENTS

Next newsletter deadline: Please send any rides you are planning to lead in the month of **September** to:

Mary Stoolmiller
 6143 Walker
 Troy, MI 48098

By 8/10/00

Other articles please send to:

Diana Moore
 3016 Starr Rd
 Royal Oak, MI 48073-2228
 e-mail :

Dynamo930@prodigy.net
By 8/15/00

PEACH OF A RIDE MEETING

Date: Wednesday, August 30, 2000

Time: 7:30 P.M.

Place: Rose Marie Jacobs home
 208 Riviera Dr
 St Clair Shores
 (810)779-4780

All Chairpersons and Team leaders should plan to attend this meeting. In order for P.O.A.R. 2000 to be successful, we need everyone working together towards a common goal. Your very important input is needed in the initial decisions that will be made in order to achieve this goal and present to the participants of this ride the best event possible.

UPCOMING MEETINGS

Club meetings are held the first Friday of the month at the Owen Jax Activities Center in Warren at 8:00 p.m. The center is located on 9 Mile just east of Van Dyke. Refreshments follow the meeting.

The **August** meeting will be on **Friday, August 4, 2000.**

The **September** meeting will be on **Friday, September 8, 2000.**

Bring your home baked cookies for the P.O.A.R. to the September meeting.

SUNSHINE LIAISON

The new 'Sunshine' Liaison is Aloys Turck. Call Aloys with any news that would be appropriate for her to send a card from the club. (248) 362-4031

PEACH OF A RIDE
MANAGEMENT TEAM

TEAM #1	REGISTRATION CHAIRPERSON COMPUTER DATA ENTRY	ANN PARKER ANN PARKER PATRICK MULLIN	(313) 822-9741
	BULK MAILING PROMOTIONAL CHAIRPERSON RIDE APPLICATION DESIGN	GARY ZIENTAK KATHY COTA BOB GEORGE	(810) 773-7704
TEAM #2	SAG CHAIRPERSON COMMUNICATIONS CHAIRPERSON ROUTES & MAPS	PAUL WILHELM DON WINDHORST ALEX SCHNEIDER TOM MILLER	(810) 247-6397 (810) 978-0184
	ROUTE MARKINGS	TOM PAONESSA ALEX SCHNEIDER TOM & MARY MILLER DOLORES BAUMGARTEN	
TEAM #3	REST STOP FOOD CHAIRPERSON REST STOP CHAIRPERSON PORTA JOHN SITES	GLEN KIELBOWICZ ROSE MARIE JACOBS BOB GEORGE	(810) 851-6811 (810) 779-4780
TEAM #4	T-SHIRT CHAIRPERSON T-SHIRT DESIGN T-SHIRT SCREENPRINTING ARMADA HIGH SCHOOL SITE ARMADA HIGH SCHOOL PARKING ARMADA HIGH SCHOOL BICYCLE SERVICE	TERRY TAYLOR DOUG PUSZCZ TERRY TAYLOR JOHN GENTILIA BILL TRAMPUS PRESTIGE CYCLES - PATTI BREHLER	(810) 285-9940
TEAM #5	ARMADA HIGH SCHOOL LUNCH CO-CHAIRS	EVELYN BIRES RITA ZUPAN	(810) 778-8397 (810) 264-0712
	COOKIE CHAIRPERSON CHAIRPERSON OF FUN, FESTIVITIES, & ARMADA HIGH SCHOOL GREETERS	CAROL MEERHAEGHE ALOYS TURCK	(810) 268-7465 (248) 362-4031

PLEASE NOTE: **WE NEED YOUR HELP IN ORDER TO HAVE A SUCCESSFUL P.O.A.R. THIS YEAR.**
PLEASE CALL THE CHAIRPERSON RESPONSIBLE FOR THE AREA THAT YOU WOULD LIKE TO WORK
ON THE DAY OF OUR BIG RIDE. THEY WILL ADVISE YOU OF THE TIME AND AREA YOU WILL BE
WORKING AT ON SUNDAY, SEPTEMBER 10, 2000.

FOR EXAMPLE: REGISTRATION, CALL ANN PARKER SAG DRIVERS, CALL PAUL WILHELM
 REST STOPS, CALL ROSE MARIE JACOBS KITCHEN HELP, CALL EVELYN OR RITA

IF YOU NEED MORE RIDE APPLICATIONS - PLEASE CALL KATHY CODA
MY SINCERE TH8NKS FOR YOUR TIME & CONSIDERATION TO THE ABOVE REQUEST
ROSE MARIE B. JACOBS, OVERALL CHAIRPERSON

The 2nd Annual Slow Spokes' Little Miami Scenic Trail Bike Ride September 13, 14, 15, and 16, 2000

Encouraged by your overwhelming, positive response to the Slow Spokes Seven Little Miami Scenic Trail Bike Ride review in the November 1999 *Spoken Times*, we have scheduled the Slow Spokes' 2nd Annual Little Miami Scenic Trail Bike Ride for Wednesday, September 13, 2000 to Saturday, September 16, 2000.

This three-night-four-day trip will allow ample time for canoeing, hiking and sightseeing for those who choose to do so.

Since the trail is sheltered, relatively flat, approximately twelve feet wide and seventy miles long, this might be a perfect opportunity for those of us who haven't done a Century to attain that goal on one of the four days.

The Xenia Old Fashioned Days Festival and the Jamestown Bean Festival (a fifteen minute drive from Xenia) will both take place that weekend and should be fun places to visit Friday night and on Saturday before departing for Toledo and Tony Packo's restaurant. The festivals feature: a parade, local and national entertainment, food, crafts, a balloon glow, paddle boat rides, a field day, an auction, and a garden-tractor pull.

Since both of these festivals will attract a large number of visitors, those who are not camping might consider reserving motel rooms now. But, check with the reservation clerks to be sure you could cancel if necessary.

The two motels located in downtown Xenia are: (1) The Holiday Inn (937) 372-9921 and The Best Western Regency Inn (937) 372-9954. Both motels have a AAA two star rating with rates ranging from \$50.00 to \$90.00 for two persons-two beds accommodations. Both properties are located within one mile of The Little Miami Scenic Trail.

The Alpha House Bed and Breakfast is located in nearby Alpha, Ohio. You may contact the owners, Bob and Jackie Johnson, at 1-800-337-2852 for particulars.

We have reserved camping facilities at the luxurious but rustic Xenia Fairgrounds. The rates will be basically the same as this year, less than five dollars per person. If you plan to drive a camper or RV to the site, the rate for water and electrical hook up is ten dollars per night.

More detailed information with departure times, specific directions to Xenia, and a suggested daily itinerary will be available in late spring or early summer for those members who express an interest in this ride,

Since the rate for the camp site is determined by the number of tents, we would need to have an estimate of the number planning to tent. When we provide the number of tents to be set up, the Xenia Fairgrounds representative will give us the exact cost.

So, if you are considering participating in the Slow Spokes' 2nd Annual Little Miami Scenic Trail Bike Ride, inform Rita Zupan (810) 264-0712, who is serving as one of the leaders for this ride, of your intentions. This would be for a non-binding, show-of-interest count only.

The Slow Spokes Seven

AUGUST 2000 RIDE SCHEDULE

For all rides, call the ride leader if weather is doubtful.

The time listed is the start time of the ride.

Please be 15-20 minutes early in order to be ready to ride at the start time.

Ride Leaders – please return sign up sheets to Mary Stoolmiller.

Wednesday, August 2 Wednesday Wramble Wride 6:30 P.M.
Meet at the Northeast corner of Long Lake (18 mile) and Livernois Roads (near AAA). Choose a faster or a slower ride through Troy and Bloomfield in the cool of the evening. Ride will be variable distance on rolling terrain. Dinner stop after the ride.
Ride leaders: Kay Hein (248) 879-9165
Marilyn Drellishak (248) 375-2432

Thursday, August 3 Metroparkway Ride 10:00 A.M.
Meet at Freedom Hill Park on Metroparkway (16 Mile) between Schoenherr and Utica Rd. Bring a snack to eat in the park. Ride will be 24 miles on flat terrain. We'll have lunch in a nearby restaurant after the ride.
Ride Leader: Carol Trombley (810) 286-6966

Sunday, August 6 Freedom Hill to Stony Creek 10:00 A.M.
Meet at Freedom Hill Park on Metroparkway (16 Mile) between Schoenherr and Utica Rd. Bring a snack to eat in the park or buy something at the concession stand. Ice cream stop on the ride back. Ride will be 30-35 miles on flat to rolling terrain. Optional lunch stop after the ride.
Ride Leader: Jim Sieradzinski (810) 778-5104

Wednesday, August 9 Wednesday Wramble Wride 6:30 P.M.
Meet at the Northeast corner of Long Lake (18 mile) and Livernois Roads (near AAA). Choose a faster or a slower ride through Troy and Bloomfield in the cool of the evening. Ride will be variable distance on rolling terrain. Dinner stop after the ride.
Ride leaders: Kay Hein (248) 879-9165
Marilyn Drellishak (248) 375-2432

Thursday, August 10 Rochester Hills Morning Ride 9:00 A.M.
Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Ride is 25+ miles. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north of Hamlin Rd., just east of Crooks Rd. (north of M-59). Lunch nearby after the ride.
Ride Leaders: Pat & Shirley Mullin (248) 656-2187

Saturday, August 12 Hines Drive Ride 10:00 A.M.
Take Southfield south to Ford Rd.(M-153), right(west) on Ford to Outer Drive, left (south) on Outer Drive to Hines Drive, left through half barrier to parking lot driveway on the left at the full barrier. 7 ½ miles of lower Hines Drive is closed to auto traffic on Saturdays. We'll have lunch at a restaurant in Northville halfway through the ride. Come and explore this lovely park.
Ride Leader: Mary Stoolmiller (248) 879-6004

Sunday, August 13 Lenny Millers Ride 9:30 A.M.
Meet behind the Attica Township Hall. Take I-69 East or West to Exit #163(Lake Pleasant Rd). Go north on Lake Pleasant to Peppermill Rd. (Don't cross RR Tracks). Go west to Township Hall. Park in gravel lot behind the building. Ride will be 48 miles with some hills. Restaurant stop during the ride.
Ride Leader: Len Ziegenmeyer (810) 724-8054

Wednesday, August 16 **Wednesday Wramble Wride** **6:30 P.M.**
Meet at the Northeast corner of Long Lake (18 mile) and Livernois Roads (near AAA). Choose a faster or a slower ride through Troy and Bloomfield in the cool of the evening. Ride will be variable distance on rolling terrain. Dinner stop after the ride.
Ride leaders: Kay Hein (248) 879-9165
Marilyn Drellishak (248) 375-2432

Thursday, August 17 **My Neck of the Woods Ride** **9:30 A.M.**
Meet at the Belle River Mall on Van Dyke (M-53) in Imlay City, 2nd traffic light north of I-69. Exit #168 if you are using I-69. Ride will be 44 miles with some hills. Restaurant stop during the ride.
Ride Leader: Len Ziegenmeyer (810) 724-8054

Saturday, August 19 **Harsen's Island Ride** **10:00 A.M.**
Meet behind McDonalds on M-29 in Algonac, about 2 miles east of the Harsen's Island Ferry dock. Ride will be 22-27 miles on flat terrain. Restaurant stop after the ride.
Ride Leader: Phil LaRonge (810) 758-0416

Sunday, August 20 **Pointes/Lakeshore Ride** **10:00 A.M.**
Meet Shirley & Pat at the NBD Bank parking lot in Grosse Pointe on St. Clair just west of Kercheval, two blocks north of Cadieux, behind Caribou Coffee and TCBY. Pace 12-14 MPH, faster around Windmill Pointe and along Lakeshore Drive. Distance around 25 miles. Lunch during the ride at a restaurant.
Ride Leaders: Pat & Shirley Mullin (248) 656-2187

Sunday, August 20 **Mary's 3rd Annual Ice Cream Run** **6:30 P.M.**
Meet at the Veteran's Memorial Park (Warren City Pool). From Westbound I-696, exit at Hoover, continue on service drive ½ mile, turn right on Campbell. From Eastbound I-696, exit at Van Dyke, continue on service drive, turn left on Campbell. Ride will be approximately 12 miles on flat terrain at 10-12 mph. Ideal ride for new riders or riders who prefer shorter, slower rides. This ride was rained out in July and is being repeated for your dessert delight.
Ride Leader: Mary Miller (810) 573-4754

Sunday, August 20 **Assenmacher 100**
Swartz Creek (810) 635-7844 or see LMB calendar

Wednesday, August 23 **Wednesday Wramble Wride** **6:30 P.M.**
Meet at the Northeast corner of Long Lake (18 mile) and Livernois Roads (near AAA). Choose a faster or a slower ride through Troy and Bloomfield in the cool of the evening. Ride will be variable distance on rolling terrain. Dinner stop after the ride.
Ride leaders: Kay Hein (248) 879-9165
Marilyn Drellishak (248) 375-2432

Thursday, August 24 **Goodells Ride** **9:30 A.M.**
Meet at the car pool lot on the east side of I-94 and Fred Moore Hwy (St. Clair exit). Bring a lunch to eat at the Goodell's Communtiy Center. Ride will be 40 miles on mostly flat terrain.
Ride leader: Marie Clifford (810) 463-6647

Saturday, August 26 **Stony Creek-Lake Orion Dirt Ride** **10:00 A.M.**
Meet at the boat launch area in Stony Creek Park. Ride will be 30 miles on flat to rolling to hilly terrain. Restaurant stop after the ride.
Ride leader: Paul Wilhelm (810) 247-6397

Saturday, August 26

Children's Safety Day

9:00 A.M. – 12:00 P.M.

Belle Isle Casino, Detroit

Free!! Members of the Detroit Rotary Club and many others provide free bike helmets and child ID kits along with fun activities.

Detroit Rotary Club Jason Grobbel PO Box 07580, Detroit MI 48207 (313) 310-4441 24H/7D
LLwitch@juno.com

Sunday, August 27

Lower Huron Metroparks Ride

9:00 A.M.

Meet at the Lower Huron Metropark Tulip Tree picnic area, which is the second one on the right after you enter the park. Take I-94 west to the first exit past I-275, which is Haggerty Rd. (exit #189). Go South on Haggerty Rd to the entrance of Lower Huron Metro Park. We'll ride on paved bike paths through three beautiful metroparks. Ride will be 26 miles on flat terrain. Bring a picnic lunch to eat in the park after the ride.

Ride Leader: Greg Dunn (734) 844-3471

Wednesday, August 30

Rochester Hills Morning Ride

9:00 A.M.

Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Ride is 25+ miles. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north of Hamlin Rd., just east of Crooks Rd. (north of M-59). Lunch nearby after the ride.

Ride Leaders: Pat & Shirley Mullin (248) 656-2187

Wednesday, August 30

Wednesday Wramble Wride

6:30 P.M.

Meet at the Northeast corner of Long Lake (18 mile) and Livernois Roads (near AAA). Choose a faster or a slower ride through Troy and Bloomfield in the cool of the evening. Ride will be variable distance on rolling terrain. Dinner stop after the ride.

Ride leaders: Kay Hein (248) 879-9165

Marilyn Drellishak (248) 375-2432

MEMBERSHIP APPLICATION

Name _____ Phone _____

Address _____

City/State _____ Zip _____

E-mail address _____

Check one please: New Membership Renewal

Please make your \$10.00 check payable to Slow Spokes.

Mail this application and your check to:

Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792



Slow Spokes Are Members of
League of American Bicyclists
League of Michigan Bicyclists



These fine Bicycle Stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount.

<p>Adventure Cycle & Sport Lapeer 454 W. Nepessing 810-664-1313</p> <p>Allied Cycle Eastpointe 23101 Gratiot 810-772-3411</p> <p>American Cycle & Fitness Walled Lake 39600 W. 14 Mile Rd. 248-960-1371</p> <p>Royal Oak 1109 S. Washington 248-542-7182</p> <p>Sterling Heights 2169 Metroparkway 810-979-7570</p> <p>Grosse Pointe 20343 Mack Ave. 313-886-1968</p> <p>Anchor Bay Bicycle & Fitness New Baltimore 35214 23 Mile Rd. 810-725-2878</p> <p>Bicycle & Fitness Barn Port Huron 1604 Stone St. 810-987-2523</p> <p>Continental Bike Shop Hazel Park 24436 John R 248-545-1255</p>	<p>D & D Bicycles Berkley 4141 W. 12 Mile Rd. 248-547-0770</p> <p>Northville 121 North Center 248-347-1511</p> <p>Westland 8383 Middlebelt 313-522-9410</p> <p>Fraser Schwinn Fraser 32064 Utica 810-294-4070</p> <p>Clinton Twp. 42201 Garfield 810-412-0500</p> <p>Jerry's Bicycles of Birmingham Birmingham 33502 S. Woodward 248-645-2453</p> <p>Macomb Schwinn Cyclery Warren 28411 Schoenherr 810-756-5400</p> <p>Prestige Cycles Clinton Twp. 36558 Moravian 810-792-4040</p>
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