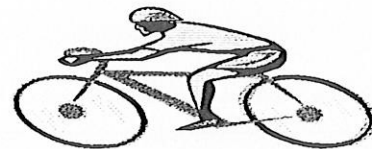


Slow Spokes

Spokin Times



President	Kay Hein	248-879-9165	Vice-President	Mary Stoolmiller	248-879-6004
Treasurer	Gerald DeBaker	810-264-6285	Secretary	Ann Parker	313-822-9741
Ride Chairman	Mary Stoolmiller	248-879-6004	Membership	Patrick Mullin	248-656-2187
Newsletter	Lois Sloan	810-775-4970	P O.R.	Rose Marie Jacobs	810-779-4780

P.O. Box 792 Sterling Heights,
Michigan 48311-0792

LMB Region 1 Director Michael F. Sproul 810-445-2868

Hotline: 810-819-0187

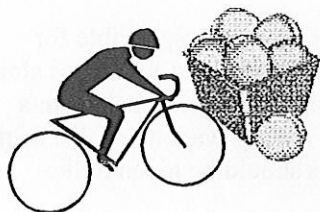
May 1999

Web Site: www.lmb.org/clubs/spokes.htm

Announcements

P.O.A.R. - 1999

See inside for important information regarding this years Peach of a Ride.



Next newsletter deadline: Please send any rides you are planning to lead in the month of **June** to:

Mary Stoolmiller
6143 Walker
Troy, MI 48098.

By: May 10, 1999

Other articles please send to:

Lois Sloan
27738 Eastwick
Roseville, MI 48066
or E-mail - LoisJ1111@aol.com

By: May 15, 1999

Welcome New Members

Mary Basrai - Port Huron

Greg Dunn - Canton

R. Stewart Robertson - Rochester

Barbara Donovan - St. Clair Shores

Mary J. Decker - Warren

Mary Ellen MacKay - Warren

Upcoming Meetings

The May meeting will be on Friday, May 7, 1999

Our meetings are held at the Owen Jax Activities Center in Warren. The center is located on 9 Mile just east of Van Dyke. Our meetings start at 8:00 p.m. Refreshments follow the meeting.

PEACH OF A RIDE MEETING

Date: Monday, May 17th.
Time: 7:30 p.m.
Place: The George Residence
18822 Woods Dr.
Clinton Twsp., Mich.

We would like all chairpersons and board members to attend this meeting. Your input is very important to the successful Planning of our 1999 P.O.A.R. We look forward to seeing you there.

WE NEED YOUR HELP

Looking for a SAG CHAIRMAN for the PEACH OF A RIDE.

What does a SAG CHAIRMAN do, you ask?? The Sag chair shall be responsible for recruiting, scheduling and deployment of the sag wagon operators for various routes along the course of the ride. Also responsible for providing the communications chair with a sag wagon count to aid in the placing of radio operators with the sag wagons. A list of the names of the sag drivers along with their individual shirt sizes should be given to the overall ride chair.

This is a fun job that either male or female can do successfully. Get to meet a lot of people and know your helping your club.

PEACH OF A RIDE 1999

Date - September 12, 1999

In our next newsletter, there will be a list of the various Chairpersons for the P.O.A.R.

You may then select the area you would like to work, such as: REGISTRATION, SAG DRIVER, REST STOPS, ETC. and call the chairperson in charge of that area and let them know time that you will be able to work. We would like our members to work at least 6 hours. Look for the list in your next newsletter.

**Thanks,
ROSE MARIE JACOBS
(810) 779-4780**

MAY RIDES

For all riders, call the ride leader if weather is doubtful. Also the time listed is the start time. Please be 10-15 minutes early to get yourself prepared. **Ride leaders - Please return sign-up sheets to Mary Stoolmiller. **Kathy George will be leading slower, shorter rides at many of the rides listed. Call Kathy @810-463-6058 if interested.

Sat 5/1 **Three Ferry Boat Ride** **10:00 AM**

We will ride to the Marine City /Sombra ferry on newly paved M-29, and cross the river to Canada. Walpole and Harsens Islands are included on the tour, This ride will be approximately 45 miles, with an option of 24 miles by stopping at McDonalds in Algonac. After stopping at McDonalds the ride will continue to Harsens Island and then to Algonac. Bring ID and money for the ferry crossings. There will no restaurant stop so bring a snack to eat at the park in Canada. The terrain is flat. We will meet at Algonac McDonalds. Take M-29 one mile past Harsens Island ferry to McDonalds on the left side of M-29. Please park in back of lot.

Alex Schneider @ 810-329-7245.

Sun 5/2 **Harsens Islands** **10:00 AM**

25-30 miles flat terrain, hard packed gravel road to the point along the south channel. Meet At McDonalds in Algonac on M-29 just east of Harsens Island Ferry.

Lester Useted @ 313-754-6334

Sun 5/2

Metro Grand Spring Tour Willow Metropark 313-383-0286 Or see LMB Calendar

Wed 5/5 **Rochester Trillium Ride** **10:00 AM**

Join Pat & Shirley for a ride around the nearby neighborhoods, which should be blooming with trillium. Meet at their condo at 1754 Thomas Ct. Enter Streamwood Condominiums off Hamlin, just east of Crooks Rd.(north of M-59). Thomas Ct. is the 8th court on the left. Call if the weather is questionable. Lunch nearby after ride.

Shirley & Pat @ 248-656-2187

Wed 5/5 **Wednesday Wramble** **returns!** **6:30 PM**

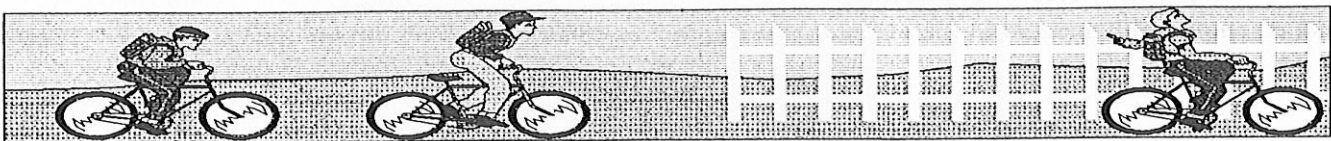
Join Kay and Marilyn on their dual-paced rides around the neighborhoods of Troy and Bloomfield. Both rides return before dark. Snack or supper stop afterwards. Terrain is flat to rolling. Meet at the N.E. corner of Long Lake and Livernois. Park facing Long Lake.

Kay Hein @ 248-879-9165 and Marilyn Drellishak @ 248-375-2432.

Sat 5/8 **Do The Loop** **10:00 AM**

Ride from New Baltimore to Algonac on paved country roads, 36 Miles round trip. After a snack at McDonalds we'll ride the ferry to Harsen's Island, do the loop, and return to New Baltimore. Pace will be 12-14 mph. Meet in New Baltimore at the city park, Washington and Front St. Optional restaurant stop at the Green St. Tavern after the ride.

Adolfo Torres @ 810-749-5982.





Happy Mother's Day



Happy Mother's Day



Happy Mother's Day



MORE RIDES

Sun 5/9

Mothers Day Ride

10:00 AM

Bob will ride the roads wandering through Clinton Township, Harrison Township, and Mount Clemens. Riding pace will 13 to 15 MPH. Distance 20-25 Miles. Kathy will go at a slower pace through the neighborhoods. Distance 15-20 miles. New riders are encouraged to participate. No one will be left behind. Meet at Ottawa Elementary School on Millar just East of Moravian. Millar is the first light North of Metro Parkway.

Bob and Kathy George @ 810-463-6058

Wed 5/12

Metroparkway Ride

10:00 AM

20-25Miles Flat terrain. Meet at Freedom Hill Park on Metroparkway (16 Mile Rd) between Schoenherr and Utica Road. Lunch stop after ride.

Mary Stoolmiller @ 248-879-6004

Wed 5/12

Wednesday Wramble

6:30 PM

See Wed 5/5 ride description.

Sat 5/15

Tour De Sticks

10:00 AM

40 Miles Flat Terrain. Visit St. Clair, Adair, Muttonville, Memphis, Smiths Creek, Columbus & Rattle Run. Meet at the S.W. corner of Riverview Plaza in St Clair. Take I-94 to Fred Moore Hwy (St. Clair Exit). Go east to St Clair turn right at blinker on Clinton to Third Street, then left to plaza. Restaurant stop after the ride.

Dick Barry @ 810-329-9331

Sat & Sun 5/15 & 5/16

Wolverine 200, Belle Isle 248-651-3287 or see LMB Calendar

Sun 5/16

Wyandotte-Grosse Isle Ride

10:00 AM

25 Miles Flat Terriain. Meet in the city parking lot at the south end of Bishop Park in Wyandotte. Take I-75 south to Outer Drive, exit 42. Go east to Jefferson, south on Jefferson, which becomes Biddle, to downtown Wyandotte. Turn left on Elm to parking lot on river. Restaurant stop after the ride.

Terry Taylor @ 313-885-8182

Tue 5/18

Grosse Pointe Morning Ride

10:30 AM

25-30 miles. Meet at the Grosse Pointe Woods Municipal Building at 20025 Mack Avenue, between Moross and Vernier on west side of Mack. Park at the north side of paking lot. Bring your lunch or buy it--we will probably stop at Bruegger's.

Pat & Shirley Mullin @ 248-656-2187

UPCOMING EVENTS

Port Austin Ride

July 12, 13, 14, 15

This 4 day ride will start from St Clair. We'll ride about 60 Miles per day, camping at 3 different campgrounds. My wife Jane will sag the ride and haul some of our gear. If you are interested please let me know so I can make reservations. We will meet before the ride to discuss, what equipment will be needed.
Adolfo Torres 810-749-5982



Niagara River Recreation Trail Ride

August 25 & 26

Don't forget the wonderful Niagara River Recreation Trail (NRRT) Ride. The NRRT is a scenic 35-Mile paved bike path along the Niagara River running from Niagara-on-Lake at the Lake Ontario end to Fort Erie on the Lake Erie end. Niagara Falls is about the half-way point. Jim Carson and Fred Meinberg are planning two days of riding in the area while staying at a B&B in Niagara-on-the-Lake. We would enjoy having you join us. The planned *riding* dates are August 25 and 26, 1999. (Arrival on August 24 and departure on August 27). There are many excellent B&B's in Niagara-on-the-Lake with prices for a double running from \$55 to \$ 200 (Canadian) per night. Our suggestion is that each person makes his/her own reservations, and that we meet each morning at a specific time and place to begin the ride together. We know from experience that B&B and play reservations must be made months in advance. Please let Jim (248-652-2181) or Fred (248-651-6714) know if you are seriously interested in going. The Niagara-on-the-Lake Chamber of Commerce (905-468-4263) will make accommodation reservations for you. This service is free.

These fine Bicycle Stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount.

20th Century Bike Shop

Roseville - 28043 Gratiot
810-772-9084

Fraser Schwinn

Fraser - 32064 Utica
810-294-4070

Anchor Bay Bicycle & Fitness

New Baltimore - 35214 23 Mile Rd.
810-725-2878

Jerry's Bicycles of Birmingham

Birmingham - 1593 S. Woodward
248-645-2453

Bicycle & Fitness Barn

Port Huron - 1604 Stone St.
810-987-2523

Macomb Schwinn Cyclery

Warren - 28411 Schoenherr
810-756-5400

Busutti's Marine City Sport n Bike

Marine City - 6756 S. River Rd.
810-765-9042

Mountain of Bikes

Clinton Twp. - 42201 Garfield
810-412-0500

Cycle & Fitness USA

Walled Lake - 39600 W. 14 Mile Rd.
248-960-1371

Royal Oak - 1109 S. Washington
248-542-7182

Birmingham - 746 E. Maple
248-644-9181

Grosse Pointe - 20343 Mack Ave.
313-886-1968

Prestige Cycles

Clinton Twp. - 36558 Moravian
810-792-4040

D & D Bicycles

Berkley - 4141 W. 12 Mile Rd.
248-547-0770

Northville - 121 North Cente
248-347-1511

Westland - 8383 Middlebelt
313-522-9410

MEMBERSHIP APPLICATION

Name _____ **Phone** _____

Address _____

City/State _____ **Zip** _____

Check one please: New Membership ____ **Renewal** ____

Please make your \$10.00 check payable to Slow Spokes.
Mail this application and your check to:
Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792