

Slow Spokin Times

Spokes



President	Kay Hein	248-879-9165	Vice-President	Mary Stoolmiller	248-879-6004
Treasurer	Gerald DeBaker	810-264-6285	Secretary	Ann Parker	313-822-9741
Ride Chairman	Mary Stoolmiller	248-879-6004	Membership	Patrick Mullin	248-656-2187
Newsletter	Lois Sloan	810-775-4970	P.O.R.	Rose Marie Jacobs	810-779-4780

LMB Region I Director Michael F. Sproul 810-445-2868

P.O. Box 792 Sterling Heights,
Michigan 48311-0792

Hotline: 810-819-0187

August 1999

Web Site: www.lmb.org/clubs/spokes.htm

Announcements

Next newsletter deadline: Please send any rides you are planning to lead in the month of **September** to:

Mary Stoolmiller
6143 Walker
Troy, MI 48098.

By: August 10, 1999

Other articles please send to:

Lois Sloan
27738 Eastwick
Roseville, MI 48066
or E-mail - LoisJ1111@aol.com

By: August 15, 1999

New Members

Emilie Amsden	St. Clair, MI
Margery Bruce	Troy, MI
Katie Kenney	Goodells, MI

Correction: June's Newsletter incorrectly spelled New Member's Andrew Neuwirth's last name as Neywirth. Please note the correct spelling - "Neuwirth"

Because of an administrative lapse, the following members were omitted from the current membership list:

Marshall Barrymore	Barbara Pontius
3060 Mayfield	6420 Tanbark Trail
Port Huron, MI 48060	Fort Wayne, IN 46835
810-982-7222	219-485-5187

Upcoming Meetings

Peach of a Ride Meeting



Date: August 16, 1999

Time: 7:30 p.m.

Place: The George Residence
18822 Woods Dr. W.
Clinton Twp., MI
(810) 463-6058

Last meetig before the P.O.A.R. May we please see all chairpersons and co-Chairs at this important meeting to finalize our plans for our big ride. Please remember your worker list of T-shirt sizes for Terry Taylor if you have not turned it in yet.

We look forward to seeing you there.

Meeting

The *August* meeting will be on Friday, *August 6, 1999.*

Our meetings are held at the Owen Jax Activities Center in Warren. The center is located on 9 Mile just east of Van Dyke. Our meetings start at 8:00 p.m. Refreshments follow the meeting.

SEPTEMBER 12TH



SLOW SPOKES OF MACOMB

PEACH OF A RIDE - 1999

SUNDAY, SEPTEMBER 12, 1999

THE BIG DAY FOR OUR ANNUAL RIDE IS ALMOST UPON US. I HOPE THAT ALL OF OUR MEMBERS ARE CONTRIBUTING TO THE RIDE IN SOME WAY, BE IT VOLUNTEERING TO WORK, BAKING COOKIES, GETTING YOUR FRIENDS TO RIDE, PASSING OUT APPLICATIONS, OR EVEN RIDING THE RIDE. YOUR HELP IS SO VERY IMPORTANT TO THE CLUB, IN ORDER TO PUT ON A SUCCESSFUL EVENT. WE ENCOURAGE ALL NON-WORKING MEMBERS TO COME OUT AND ENJOY THE RIDE, SEE SOME OLD AND NEW FRIENDS, SAVOR THE DAY IN THE FRESH AIR AND SUNSHINE. ALSO, OUR LUNCH IS FANTASTIC AND THE GALS IN THE KITCHEN WORK VERY HARD TO GIVE ALL OF US A WELL BALANCED NUTRITIOUS MEAL.

NOW I ASK YOU,
HOW CAN YOU PASS THIS DAY UP???
MAY WE SEE YOU THERE?

ROSE MARIE JACOBS
CHAIRPERSON, P.O.A.R.

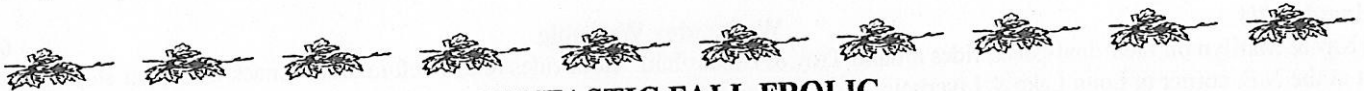
NIAGARA RIVER RECREATION TRAIL (NRRT) RIDE

August 25 & 26, 1999

If you are planning to participate in this ride, please let Jim Carson (248-652-2181) or Fred Meinberg (248-651-6714) know where you plan to stay in Niagara-on-the-Lake so we can contact you if necessary. We would also like to know who to expect the first morning of the ride so we don't leave anyone behind. We are staying at the Rogers Harrison House 905-468-1615.

As of this writing we plan to meet at the corner of Ricardo and Melville streets which is the beginning of the trail. We have maps of the town to show your where; that is, if you need them. We plan to meet at 10:00 am. That may sound late but as you B&B fans know the gourmet breakfasts and conversations tend to take time. It leaves plenty of time for the ride in any case.

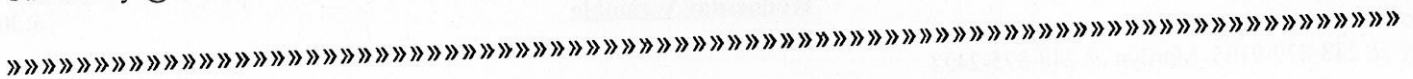
For those of you who have not driven to Niagara-on-the-Lake, the slickest route is to take 402 from the Blue Water Bridge to 401 at London to 403 at Woodstock to the QEW going toward Niagara Falls, then follow the signs (or 55) to Niagara-on-the-Lake.



FANTASTIC FALL FROLIC

October 16 & 17, 1999

I am planning a bicycle trip: Leaving Kalamazoo on Saturday morning and riding 34 miles on the Kal-Haven Bicycle Trail. It is a crushed limestone trail, similar to Paint Creek Trail. Carrying our clothing in panniers, we will be staying overnight in South Haven (on Lake Michigan). We will return to Kalamazoo on Sunday afternoon. I will make reservations for the group at motels in both cities. Campgrounds available in South Haven if you prefer. Extending the trip to include Friday and Monday for those who are interested, plenty to do and see in the area. Approximate hotel cost per person in shared room is \$40 in South Haven and \$35 in Kalamazoo. Option of driving up early on Saturday morning and meeting the group at 10:00 am. Call Kathy @ 810-463-6058



MEMBERSHIP APPLICATION

Name _____ Phone _____

Address _____

City/State _____ Zip _____

Check one please: New Membership Renewal

Please make your \$10.00 check payable to Slow Spokes.
Mail this application and your check to:
Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792



Slow Spokes are Members of:
League of American Bicyclists
League of Michigan Bicyclists



August Rides

For all riders, call the ride leader if weather is doubtful. Also the time listed is the start time. Please be 10-15 minutes early to get yourself prepared. **Ride leaders - Please return sign-up sheets to Mary Stoolmiller. **Kathy George will be leading slower, shorter rides at many of the rides listed.
Call Kathy @810-463-6058 if interested.

Sunday 8/1

Beat the Heat!

7:00 a.m.

31 Miles on flat terrain. Start early, beat the heat, & enjoy the afternoon with your non-biking family & friends. Meet at Warren City Pool. From E. bound I-696 exit Van Dyke stay on Service Dr. & turn left @ Campbell. Restaurant stop at Bruegger's of Royal Oak for breakfast. Tom Miller @ 810-573-4754

Wednesday 8/4

Grosse Pointe Morning Ride

10:00 a.m.

Meet at the Grosse Pointe Woods Municipal Building at 20025 Mack Avenue between Moross & Vernier on the west side of Mack. Park at the north side of parking lot. Bring your lunch or buy it. Pat & Shirley Mullin @ 248-656-2187

Wednesday 8/4

Wednesday Wramble

6:30 p.m.

Join Kay & Marilyn on their dual-paced rides around Troy & Bloomfield. Both rides return before dark. Snack or supper stop afterwards. Meet at the N.E. corner of Long Lake & Livernois, facing Long Lake. Kay @ 248-879-9165 Marilyn @ 248-375-2432

Saturday 8/7

Harsen's Island & Algonac

9:00 a.m.

30 Miles on flat terrain. Meet behind MacDonalds on M-29 in Algonac. Restaurant stop after the ride. Lester @ 810-754-6334

Sunday 8/8

Grosse Pointe Ride

9:00 a.m.

25 Miles on flat terrain. Meet at the Grosse Pointe Woods Municipal Building at 20025 Mack Avenue between Moross & Vernier on the west side of Mack. Park at the north side of parking lot. Lunch or snack during the ride. Terry Taylor @ 313-885-8182 Rose Marie Jacobs @ 810-779-4780

Wednesday 8/11

Wednesday Wramble

6:30 p.m.

See 8/4 ride description
Kay @ 248-879-9165 Marilyn @ 248-375-2432

Thursday 8/12

Rochester Hills Morning Ride

9:00 a.m.

Join Shirley & Pat for a ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct. Enter Streamwood condominiums, north of Hamlin, just east of Crooks Rd. (north of M-59). Around 30 Miles. Shirley & Pat Mullin @ 248-656-2187

Thursday 8/12

Slow Pokes

5:30 p.m.

12-17 miles on flat terrain in low traffic, 3 hours. Meet at Freedom Hill Park, on Metro Parkway (16 mile road) between Utica Rd. and Schoenherr. 10 mph for new & or slow riders. Brink a snack to eat in the park. Kathy George @ 810-463-6058

Saturday 8/14

Paint Creek Ride

9:30 a.m.

21 miles on flat terrain, 3 hours. Meet in the Rochester Municipal Park: One block west of Rochester Rd. and one block north of University in downtown Rochester. We'll stop at a fast food restaurant in the middle of the ride. We'll form small groups to ride at their own pace. Perfect for a new rider - you can turn back if necessary. Kathy George @ 810-463-6058

Sunday 8/15

Rochester Hills Sunday Ride

10:00 a.m.

Pat & Shirley will lead a dual-paced and dual-distance ride. Hilly terrain through lovely neighborhoods. Meet at NW corner of Adams Rd. & Walton Blvd., across from Oakland University and Meadow Brook. Enter parking lot near Boston Market and park by the mailboxes in the center of the lot (facing NBD). Bathroom and coffee available at Caribou Coffee. Shirley & Pat Mullin @ 248-656-2187

Sunday 8/15

Assenmacher 100 -Swartz Creek

810-635-7844 or see LMB Calendar

Wednesday 8/18 **Pelican Ride** **10:00 a.m.**
38 miles, some hilly sections. Meet in the southeast corner of the Lapeer Meijers Store Parking Lot. Take M-24 north to the first traffic light beyond I69. Turn left onto Baldwin and follow signs to Meijers parking lot. From the East Side take anything convenient north to I-69 (road construction work in Almont on Van Dyke). I-69 west to exit 155 and north to the first traffic light turning left onto Baldwin and into Meijers parking lot. Purchase lunch at a restaurant stop on the route.
Len Ziegenmeyer @ 810-724-8054

Wednesday 8/18 **Wednesday Wramble** **6:30 p.m.**
See 8/4 ride description
Kay @ 248-879-9165 Marilyn @ 248-375-2432

Wednesday 8/19 **Grosse Pointe Morning Ride** **10:00 a.m.**
See 8/4 Ride Description
Pat & Shirley Mullin @ 248-656-2187

Thursday 8/19 **Slow Pokes** **5:30 p.m.**
See 8/12 Ride Description
Kathy George @ 810-463-6058

Saturday 8/21 **Tour de Sticks** **9:30 a.m.**
45 miles on flat terrain. Meet at the S.W. Corner of Riverview Plaza in St. Clair. Take I-94 to Fred Moore Hwy (St. Clair exit). Go east to St. Clair. Turn right at blinker on Clinton to Third St., then left to Plaza. Restaurant stop after the ride.
Dick Barry @ 810-329-9331

Sunday 8/22 **Goodell's Farm Museum Ride** **10:00 a.m.**
45 miles on flat terrain. Meet in Richmond at the Kmart parking lot next to Burger King, at M-19 & Gratiot. Bring a picnic lunch to eat at the park in Goodells. This ride was rained out in June so cross your fingers for good weather this time.
Adolfo Torres @ 810-749-5982

Wednesday 8/25 - Thursday 8/26 **Niagara River Recreation Trail Ride** **10:00 a.m.**
See article in this newsletter.
Jim Carson @ 248-652-2181 Fred Meinberg @ 248-651-6714

Wednesday 8/25 **Wednesday Wramble** **6:30 p.m.**
See 8/4 ride description
Kay @ 248-879-9165 Marilyn @ 248-375-2432

Thursday 8/26 **Slow Pokes** **5:30 p.m.**
See 8/12 Ride Description
Kathy George @ 810-463-6058

Saturday 8/28 **Canadian Caper I** **9:30 a.m.**
This is a 40 mile farmland, St. Clair River ride on flat terrain. We will ride 18 miles on country roads to Brigden for a short lunch stop. We will ride north then west to St. Clair River for our return ferry ride to Marine city. Bring ID for crossing and money for lunch and \$2.00 for the ferry fare. Take I-94 to Marine City Hwy. (26 mile rd.), right on King Rd. at dead end, left on DeGurse, right on Belle River, left on Fairbank. Proceed across bridge through light one block to right on Market St. to municipal parking lot on right.
Alex Schneider @ 810-329-7245

Saturday 8/28 **Bike Safety Day on Belle Isle** **9:00 a.m.**
See article inside this newsletter. To volunteer call John Snethkamp @ 313-925-9009

Sunday 8/29 **Dodge Park Ride** **10:00 a.m.**
20-25 miles on flat terrain. Meet in the N.E. corner of the Macomb College (South Campus) parking lot at 12 mile & Hayes. Bring a snack to eat in the park.
Lois Sloan @ 810-775-4970

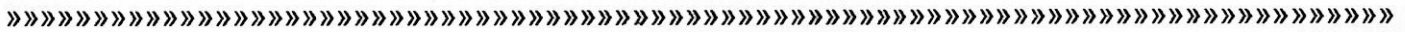
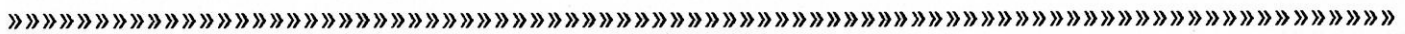
BICYCLING SAFETY

BIKE SAFETY DAY ON BELLE ISLE

August 28, 1999

On Saturday August 28, from 9-12 noon, Detroit Rotary Club is hosting a Children's Bike Safety Day on Belle Isle. They will distribute 1000 bike helmets and offer other activities to promote bike safety.

Lucinda Means of the League of Michigan Bicyclists strongly urges Slow Spokes members to volunteer their services for a few hours. You may do so by calling John Snethkamp at 313-925-9009 or E-Mail - JSNETHKAMP@LMB.ORG.



Important Safety Notice

-1999 Allez and Allez Sport Bikes-Morgan Hill, CA, June 21, 1999 -- In conjunction with the United States Consumer Product Safety Commission,

Specialized is announcing a corrective action for the following models:

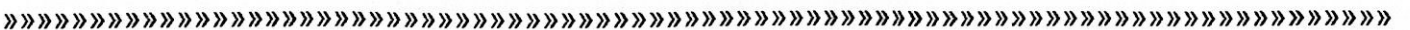
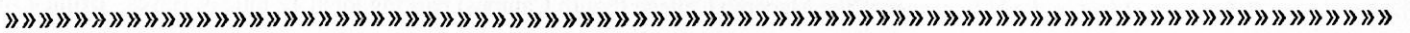
1999 Allez A1

1999 Allez A1 Sport

Following up on reports from the field, Specialized has determined that these models of bicycles use a handlebar and stem combination that can fail without notice. This problem could result in a loss of rider control causing the rider to fall and/or serious injury. This corrective action is being conducted in order to avoid potential serious injury to bicycle riders. There has been at least one incident, which resulted in serious injury to the rider.

If you own one of these bicycles or are concerned that your bicycle might be one of these bicycles, please stop riding your bicycle immediately! Bring your bicycle into your local authorized Specialized dealer for an inspection and possible replacement of the stem and/or handlebar.

If you have any questions, please call Specialized at 1-800-214-1468



These fine Bicycle Stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount.

20th Century Bike Shop

Roseville - 28043 Gratiot Ave.
810-772-9084

Fraser Schwinn

Fraser - 32064 Utica
810-294-4070

Anchor Bay Bicycle & Fitness

New Baltimore - 35214 23 Mile Rd.
810-725-2878

Jerry's Bicycles of Birmingham

Birmingham - 33502 S. Woodward
248-645-2453

Busutti's Marine City Sport n Bike

Marine City - 6756 S. River Rd.
810-765-9042

Macomb Schwinn Cyclery

Warren - 28411 Schoenherr
810-756-5400

Cycle & Fitness USA

Walled Lake - 39600 W. 14 Mile Rd.
248-960-1371

Royal Oak - 1109 S. Washington
248-542-7182

Sterling Heights - 2169 Metroparkway
810-979-7570

Grosse Pointe - 20343 Mack Ave.
313-886-1968

Mountain of Bikes

Clinton Twp. - 42201 Garfield
810-412-0500

Prestige Cycles

Clinton Twp. - 36558 Moravian
810-792-4040

D & D Bicycles

Berkley - 4141 W. 12 Mile Rd.
248-547-0770

Northville - 121 North Center
248-347-1511

Westland - 8383 Middlebelt
313-522-9410

Adventure Cycle & Sport

Lapeer - 454 W. Nepessing
810-664-1313

Bicycle & Fitness Barn

Port Huron - 1604 Stone St.
810-987-2523

