

Slow Spokes

Spokin Times



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|---------------|------------------|--------------|----------------|-------------------|--------------|
| President | Kay Hein | 248-879-9165 | Vice-President | Mary Stoolmiller | 248-879-6004 |
| Treasurer | Gerald DeBaker | 810-264-6285 | Secretary | Ann Parker | 313-822-9741 |
| Ride Chairman | Mary Stoolmiller | 248-879-6004 | Membership | Patrick Mullin | 248-656-2187 |
| Newsletter | Lois Sloan | 810-775-4970 | P.O.R. | Rose Marie Jacobs | 810-779-4780 |

P.O. Box 792 Sterling Heights,
Michigan 48311-0792

LMB Region 1 Director Michael F. Sproul 810-445-2868

Hotline: 810-819-0187

April 1999

Web Site: www.lmb.org/clubs/spokes.htm

Announcements

Next newsletter deadline: Please send any rides you are planning to lead in the month of November to:

Mary Stoolmiller
6143 Walker
Troy, MI 48098.

By: April 10, 1999

Other articles please send to:

Lois Sloan
27738 Eastwick
Roseville, MI 48066
or E-mail - LoisJ1111@aol.com

By: April 15, 1999

Upcoming Meeting

The April meeting will be on Friday, April 2.

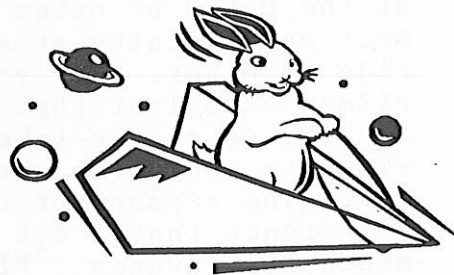
Our meetings are held at the Owen Jax Activities Center in Warren. The center is located on 9 Mile just east of Van Dyke. Our meetings start at 8:00 p.m. Refreshments follow the meeting.

P.O.A.R. Meeting Monday 4-12 at Bob George. All Chair-Persons and Board members are kindly requested to attend. May we see you there? Thank You.

Rose Marie Jacobs 810-779-4780

For Sale

21 Speed Univega Hybrid (mountain/road cross) bike. The bike is five years old, still in great shape. Shimano gearing and brakes. Nice bike for someone who purchased a mountain bike and is looking for something better oriented toward the pavement but can still be used on gravel. \$250, OBO. Call Sandy @ 248-544-7283.



A TEAM EFFORT

A very **BIG** Thank you to the special people who participated on the newsletter team over the past years while I was editor. Thank you to Rose Marie Jacobs for getting me off to a good start, to Pat & Shirley Mullin for their proof checking and additional editing efforts, to Tom & Elsie Paonessa for taking the newsletters to the printers & getting it mailing off to members, to Lesser & Norma Useted for filling in when Tom & Elsie were out of town, and also to Mary Stoolmiller for getting the Ride calendar in order for each issue. The newsletter is by no means an individual effort; it is a **TEAM** effort and the special people above and others are commended for their participation. Thanks again Sandy Krueger



HAPPY EASTER!!!!!!!!!!!!

NIAGARA RIVER RECREATION TRAIL (NRRT) RIDE

A number of people have expressed interest in riding the NRRT. The NRRT is a scenic 35-mile paved bike path along the Niagara River running from Niagara-on-the-Lake at the Lake Ontario end to Fort Erie on the Lake Erie end. Niagara Falls is about the half-way point. Jim Carson and Fred Meinberg are planning two days riding in the area while staying at a B & B in Niagara-on-the-Lake. We would enjoy having you join us. The planned riding dates are August 25 and 26, 1999. (Arrival on August 24 and departure on August 27.) There are many excellent B & B's in Niagara-on-the-Lake with prices for a double running from \$55 to \$200 CAN per night. Most are \$90 to \$110 CAN. Our suggestion is that each person makes his/her own reservations at the B & B or other accommodation of choice, and that we meet each morning at a specific time and place to begin the ride together. For your evening pleasure the Shaw Festival offers excellent theater and there are many fine restaurants in Niagara-on-the-Lake and surrounding areas. Niagara Falls with its casino and other attractions is only 20 minutes by car. The reason for the early notice is that we know from experience that B & B and play reservations must be made months in advance. Please let Jim (248-652-2181) or Fred (248-651-6714) know by April 15 if you are seriously interested in going. Jim has ten sets of B & B and play information brochures, for those who are. Incidentally, the Niagara-on-the-Lake Chamber of Commerce (905-468-4263) will make accommodation reservations for you if you tell them the dates and about how much you want to pay. This service is free.

April Rides

For all riders, call the ride leader if weather is doubtful. Also the time listed is the start time.

Please

be 10-15 minutes early to get yourself prepared. **Ride leaders - Please return sign-up sheets to Mary Stoolmiller. **Kathy George will be leading slower, shorter rides at many of the rides listed. Call Kathy @810-463-6058 if interested.

Thursday, 4/1

April Fool's Ride

11:00 a.m.

Join Pat & Shirley for a "foolish" early-in-the-season ride around Grosse Pointe neighborhoods. Meet at the Grosse Pointe Woods Municipal building at 20025 Mack Ave. between Moross and Vernier on the west side of Mack. Park at the north side of the lot. Bring or buy your lunch--we will probably stop at Bruegger's. Can be leisurely or dual paced, depending upon the ability of the riders. About 20 miles Pat & Shirley Mullin @ 248-656-2187.

Saturday 4/3

Metro Parkway Ride

11:00 a.m.

Meet at Freedom Hill Park on Metroparkway (16 Mile Rd) between Schoenherr and Utica Rd. Optional Restaurant stop after ride. Flat Terrian 20 Miles. Mary Stoolmiller @ 248-879-6004

Saturday 4/10

Pink Flamingo Ride

11:00 a.m.

This will be a dual pace ride of 22 miles at 10 mph or 30 miles at 14-15 mph. We'll ride from Richmond through Snyderville, Columbus, Rattle Run, St. Clair, and Adair on mostly flat terrain with some short hills. Ride time about 3 hrs. with an optional restaurant stop at the Flamingo Cafe. Meet in Richmond at Gratiot and M-19 in the Kmart parking lot, next to Burger King. Adolfo Torres @ 810-749-5982 Kathy George @ 810-463-6058

Sunday 4/11 Dodge Park Ride is canceled.

Thursday 4/15

Taxing Rochester Hills Ride

11:00 a.m.

After you sign and mail your income tax forms, join Pat & Shirley Mullin at 1754 Thomas Court for a "taxing" ride through Rochester Hills. Enter Streamwood Condominiums off Hamlin, just east of Crooks Rd. (north of M-59). Thomas Ct. is the 8th court on the left. Lunch after ride. Call if weather is questionable.

Pat & Shirley Mullin @ 248-656-2187

Saturday 4/17

East China Trail Ride

10:30 a.m.

30 miles over flat terrain. Meet at the S.W. corner of the Riverview Plaza in St. Clair. Take I-94 to Fred Moore Hwy exit, turn right again on Clinton at blinker, then left on Third to Plaza. Restaurant stop after the ride. Trail is Paved.

Dick Barry @ 810-329-9331

Sunday 4/18

Country River Ride

10:30 a.m.

28 Miles over flat terrain. Meet at Riverview Plaza in St. Clair. Take I-94 to St. Clair exit (Fred Moore Hwy); go right to Clinton at blinker, go right to Third St, then left to the Plaza. Optional restaurant stop after the ride. We'll ride to Smith Creek, Marysville, along the St. Clair River, and return to St. Clair.

Alex Schneider @ 810-329-7245

Wednesday 4/21

Metroparkway Ride

11:00 a.m.

20-24 miles over flat terrain. Meet at the North Marina boat launch at Metro Beach Park. Free entry on Wednesdays! Optional restaurant stop after the ride.

Carol ^{from Libby} @ 810-293-0043

Saturday 4/24

Mt. Clemens-New Baltimore

10:00 a.m.

25 miles over flat terrain. Meet at Montgomery Wards parking lot, N.W. corner of 15 mile and Gratiot. Lunch stop in Mt. Clemens towards the end of the ride.

Don Windhorst @ 810-978-0184

Sunday 4/25

Shelby Neighborhood Ride

10:00 a.m.

22 miles over mostly flat terrain. Meet at NBD parking lot at Shelby Rd. and 24 mile. Optional restaurant stop after the ride. This ride has been plagued by rain. Let's hope for a sunny day!

Don Springstead @ 810-726-1072

Wednesday 4/28

Grosse Pointe Morning Ride

10:30 a.m.

See April 1 ride description

Pat & Shirley Mullin @ 248-656-2187

MEMBERSHIP RENEWAL

It's time to renew your SLOW SPOKES membership. Most memberships expire April 1, 1999. Please check your membership card or the newsletter mailing label for your expiration date. You can renew your membership in person at our April meeting or mail the form below.

Membership renewal is \$10.00, which includes all the members of your family. Please make your check payable to SLOW SPOKES. Please give your check or cash to me. I need to record your membership renewal and issue your new membership card.

Pat Mullin - Membership Chairman

MEMBERSHIP APPLICATION

Name _____ Phone _____

Address _____

City/State _____ Zip _____

Check one please: New Membership Renewal

Please make your \$10.00 check payable to Slow Spokes.

Mail this application and your check to:

Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792

These fine bicycle stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount.

20th Century Bike Shop
 Roseville - 28043 Gratiot Ave.
 810-772-9084

Anchor Bay Bicycle & Fitness
 New Baltimore - 35214 23 Mile Rd.
 810-725-2878

Busutti's Marine City Sport n Bike
 Marine City - 6756 S. River Rd.
 810-765-9042

Cycle & Fitness USA
 Walled Lake - 39600 W. 14 Mile Rd.
 248-960-1371
 Royal Oak - 1109 S. Washington
 248-542-7182
 Sterling Heights - 2169 Metroparkway
 810-979-7570
 Grosse Pointe - 20343 Mack Ave.
 313-886-1968

D & D Bicycles
 Berkley - 4141 W. 12 Mile Rd.
 248-547-0770
 Northville - 121 North Center
 248-347-1511
 Westland - 8383 Middlebelt
 313-522-9410

Fraser Schwinn
 Fraser - 32064 Utica
 810-294-4070

Jerry's Bicycles of Birmingham
 Birmingham - 33502 S. Woodward
 248-645-2453

Macomb Schwinn Cyclery
 Warren - 28411 Schoenherr
 810-756-5400

Mountain of Bikes
 Clinton Twp. - 42201 Garfield
 810-412-0500

Prestige Cycles
 Clinton Twp. - 36558 Moravian
 810-792-4040

Adventure Cycle & Sport
 Lapeer - 454 W. Nepeensing
 810-664-1313

